



THE HONG KONG COLLEGE OF OTORHINOLARYNGOLOGISTS

香 港 耳 鼻 喉 科 醫 學 院



SENSES

Feb 2014

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Editorial Note

SENSES - the official newsletter of
The Hong Kong College of Otorhinolaryngologists

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Message from the Editor

With the new College Council successfully elected in November 2013, our president Dr John WOO tells us his mission and vision in the coming years in this issue of SENSES. With new games and rules in the medical playing field, we need not only the leadership of the President and the Council, but also, as one of us has said, your far-sightedness and big heart in supporting the work of the College so that our College would not be behind others. Funding is required to achieve any goal. The treasurer, Dr Albert LUK, explains how the Investment Fund Subcommittee of the College keeps our Investment Fund healthy.

From Edinburgh, Mr Derek W SKINNER informs us how E-learning is like in the UK and how we as Edinburgh fellows can benefit. Our fellow and past president Professor William WEI, also the current treasurer of the Hong Kong Academy of Medicine, would explain to us the local day to day running of the Academy and current developments. In the interesting article (part 1) submitted by our Vice-president, Dr Fu-Man TONG, he shares with us his understanding on traditional Chinese medicine in ENT diseases both from a western medicine ENT specialist's view as well as a registered traditional Chinese medical doctor in Hong Kong. We look forward to his part 2 in the next issue.

In the fellows' corner, Dr Lewis LAU shares with us his experience in Taiwan and Pittsburgh and his encounter with the now legendary Professor Fu-chan WEI from Taipei. For trainees, passing the final exit examination would be of their first priority. Dr Raoul LEE would describe how he has successfully prepared for his own examination, his tricks and his treats received.

We are still in the grief of losing Dr George CHOA. With the reprint of the article in 2006, we can still read the vigor and the wisdom of the ENT pioneer. With guidance from senior surgeons like Dr Choa, we the local ENT fraternity shall strike harder and score in the field in the year of the *Horse*.

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Dr Wai-Kuen HO





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Dr John Kong-Sang WOO

Message from the President

Dear fellows and members,

As 2014 begins, let me wish you all a joyous and prosperous year ahead. It is my honour to be selected as your president. I am privileged and humbled as I take on this important task and I will give my best to serve you.

First of all I would like to thank Dr KB FUNG, Dr Alfred LAM, and Dr Ming-Fai LI who have served in our previous councils. Their experience, insight, and foresight have contributed enormously to the progress of our College. I also warmly welcome new members: Dr Victor ABDULLAH, Dr Chi-Man NGAI, and Dr Birgitta WONG, who joined the new Council last November. The new Council is ready to serve you, and we need your feedback and support.

Two major issues, namely subspecialization and credentialing, continue to be of concern to us and our practice in the coming years. These issues apply to all fields of medicine, and ENT is of no exception. These are complicated matters that are ever evolving and, whether we like it or not, are going to affect us. The role of our College Council is to find out the views of our fellows and members and make sure that their views are reflected and incorporated in the process of regulations and/or guidelines formation.

Another focus of the Council will be on the proposal to have ENT interns. As you may already know, each of the local medical schools is currently admitting 210-220 students every year. There will also be variable number of doctors who are returning from overseas and have passed the Licensing Examination each year and require training. By 2017 there will be well over 450 medical graduates applying for internship. In the past, none of the ENT training centres has been allocated any intern. I hope we shall be able to get intern allocations in ENT in the near future.

The new Council already had the first meeting last December, at which the idea of holding regular CME activities in the form of “Journal Club” was suggested. These are to be hosted by different hospitals (private or public) in turn, and will provide a regular platform for educational exchange in a relaxed atmosphere. We certainly hope to see you in these meetings.

In the spirit of the Year of the Horse, let me wish you all 馬年好運, 馬到功成, 事事如意, 身體健康! Kung Hei Fat Choy!!



Back row (from left to right) Dr Wai-Kuen HO, Dr Victor ABDULLAH, Dr William WEI, Dr Ming-Fai LI, Dr Alfred LAM, Dr Albert LUK, Dr Chi-Man NGAI, Dr Birgitta Yee-Hang WONG
Front row (from left to right) Dr Eric FUNG, Dr Peter TANG, Dr Raymond MA, Mr Andrew C SWIFT, Mr Derek W SKINNER, Dr John WOO, Dr Fu-Man TONG and Dr Kai-Bun FUNG

Message from the Honorary Treasurer

Dr Albert Wai-Sing LUK



The College Investment Fund and the Investment Fund Subcommittee

Dear College Fellows and Members

Happy New Year 2014! At the beginning of a year, it is the time to review and the time to plan.

The Investment Fund of the College was established in September 2007. The objective of the Investment Fund was to increase recurrent income and to achieve capital appreciation. An Investment Fund Subcommittee was appointed by the College Council to manage the Investment Fund. The Honorary Treasurer of the College served as the Chairman of the Subcommittee and two to three members of the Council would serve as members of the Investment Fund Subcommittee. For the current term of Council, Dr John Kong-Sang WOO, Dr Peter Shu-On TANG and Dr Eric King-Hay FUNG are members of the Investment Fund Subcommittee.

What proportion of the College asset should be included in the Investment Fund?

Equity and asset of the College are limited. These already include fixtures, furniture and even stock of souvenirs. The College has to get ready for daily operational expenditure which amount up to half a million each year. The College also has to face contingent liabilities. Legal expenditure is one of the major unpredictable liabilities we have to prepare for. After making allowance for the above causes, the reserve fund of our College was estimated to be around 1.7 million in 2007.

Our College Council has decided to allocate one third of the reserve fund to establish an Investment Fund and the remaining two-thirds to be saved as time deposit. This permits the College to have adequate liquidity to face contingent liabilities. The initial capital of the Investment Fund was determined to be HKD\$575K in September 2007.

How do we invest?

With a capital of \$575K, real estate is obviously not one of the options. Securities including stocks and bonds are more appropriate choices. The College Investment Fund prefers stocks to bonds. Stocks have done better than bonds over a long period of time in the past. Stocks are expected to offer a higher return rate. At the moment, all the securities we purchased are stocks, namely, HSBC and Tracker Fund shares.

On 31 December 2013, the Investment Fund position was as follows:

<i>Tracker Fund shares</i>	12,000 @ \$23.45	\$281,400
<i>HSBC Holdings</i>	2,266 @ \$84.15	\$190,683
<i>Cash</i>		\$210,507
TOTAL		\$682,590

Our College is meant to be a defensive investor. The portfolio of a defensive investor should include preferably a combination of stocks and bonds; the ratio is suggested to be 25% bonds and 75% stocks, up to 75% bonds and 25% stocks. In the past 6 years, the securities we have purchased are 100% stocks. Nevertheless, we believe that our Investment Fund can still be considered as very defensive, at least in our attitude.

The College has always set aside enough cash to support College activities for more than one year. Thanks to the cash we are currently holding in the Investment Fund, the Investment Fund could continue purchasing stocks during the most bearish period. We have an ample cushion of cash to justify our 100% holding of stocks.

Securities represent about 70% of the current value of the Investment Fund. The Investment Fund Subcommittee enjoys the autonomy to determine the percentage of securities position. When the market is bullish, we shall keep the percentage of securities low. When the market is bearish, we shall buy and keep a high percentage of securities. This strategy has been proven to be effective and the Investment Fund was able to avoid substantial loss in 2007. When our Investment Fund was established in September 2007, the Hang Seng Index was at around 30,000 level. Only about 30% of the Investment Fund was employed to purchase securities and the rest was in cash. By holding less in stocks, we have minimized the loss when the Hang Seng Index dropped to below 25,000, 20,000, and even below 12,000.

The Investment Fund took the advantage of cash on hand and purchased securities at relatively low levels. At the end of 2013, the Hang Seng Index level was at around 23,000, over 20% lower than the HSI level in September 2007, whereas the value of the Investment Fund appreciated 18% from 575K to 682K.

Should the Investment Fund be diversified by adding bonds to its portfolio?

Bonds, especially long term bonds, may vary widely in price in response to changes in interest rate. Currently, the interest rate is expected to be on the rising trend. Holding bonds might let us suffer from capital depreciation. Secondly, our College has adequate cash cushion and an addition of a bond cushion offers no further significant benefit. Thirdly, substituting stocks by bonds will lower the potential return in the long term. Hence the Investment Fund Subcommittee currently has no plan to add bonds to its portfolio in the foreseeable future.

The Investment Fund holds only two stocks. Would it be too few?

Yes, we are holding only Tracker Fund and HSBC shares. An excellent way, if not the best way, to invest in common stocks is through an index fund. An index fund will outperform the majority of professional and individual investors. Tracker Fund is an index fund and it also offers an easy way to be diversified into Hong Kong stocks. HSBC Holdings is legendary amongst local investors. It is a time-honored blue-chip. HSBC's global business, to a certain extent, allows our Investment Fund to diversify its portfolio into foreign economy. The Investment Fund will be invested in some other stocks when appropriate opportunity emerges.

The Investment Fund Subcommittee will remain cautious and alert to attaining the goal of an increase in recurrent income and achieving capital appreciation.

I would like to take this opportunity to thank the present and past members of the Investment Fund Subcommittee for their invaluable advice and guidance.

When you read this article, the Chinese New Year already has arrived. Wish you good health and a prosperous Chinese New Year of the Horse.

Feature Article

The Hong Kong Academy of Medicine

Dr William I WEI

*Head, Department of Surgery
Director, Li Shu Pui ENT Head & Neck Surgery Centre
Specialist in Otorhinolaryngology
Honorary Treasurer, Hong Kong Academy of Medicine*



In recognition of the need of structured postgraduate medical education and training in Hong Kong, the Hong Kong Government appointed a Preparatory Committee for the formation of the Hong Kong Academy of Medicine (HKAM) in 1990.

The Hong Kong Academy of Medicine Ordinance (Cap. 419) was passed by the Legislative Council on 25 June 1992 and came into effect on 1 August 1992. An Inaugural Ceremony was held on 9 December 1993 during which over 2,000 Fellows were admitted as foundation fellows. The Academy was thus formally established and at that time, there were 12 Colleges. The Academy is an independent institution with statutory power to organize, monitor, assess and accredit medical specialist training and oversee the provision of continuing medical education in Hong Kong. The specialties of Otorhinolaryngology, Ophthalmology and Emergency Medicine only formed their own colleges a few years later, the former two in 1995 and the latter in 1996.

Currently, the council of the HKAM is formed by presidents of the 15 specialty Colleges, five members elected by all academy fellows and six office bearers: they are the president, two vice presidents, the honorary secretary, the honorary treasurer and the editor-in-chief of the Hong Kong Medical Journal. Each of the five elected council members has to be from different colleges. The Council meets every month and discusses on all major events related to the HKAM. Other committees are formed under the Council for carrying out specific functions related to various activities of the HKAM. These include the Education Committee, the Finance & Investment Committee, the House Committee, the Appeals Committee, the Conference Organizing Committee and the Editorial Board of the Hong Kong Medical Journal. These committees are supported by the Secretariat headed by the Chief Executive Officer. There are currently 26 secretariat staff working for the Academy.

The President has a two year term which can be renewed only once. The President has an overall responsibility for

the administration and activities of the Academy. The Vice-President (General Affairs) acts for the President in his absence, assists the President in international affairs of the Academy and organizes conferences, exhibitions, and social functions of the Academy as directed by the Council. The Vice-President (Education and Examinations) is the Chairman of the Education Committee. He is responsible for coordinating and monitoring postgraduate education and training and continuing medical education programs of the Colleges to ensure that they reach the standard set by the Academy. He is also responsible for liaising with the Colleges where matters relating to education and examinations are concerned.

The Honorary Secretary assists the President in the administration of the Academy; such as maintaining the register of fellows and managing various affairs of the Academy. He is the chairman of the House Committee which deals with matters of the Academy Building which was built 20 years ago.

The Honorary Treasurer manages financial affairs of the Academy as directed by the Council. He is actually a member and the chairman of the Finance & Investment Committee, which members are personnel in the financial business and appointed by the council. The investment of the Academy is under the supervision of this Finance & Investment Committee. For example this year the Academy started the renovation of the function rooms and established the Simulation Centre. Together with other renovations of the Academy Building, the total cost is around 35 million. With the approval of the council, the treasurer requested this sum at the Financial & Investment committee. The Committee held a meeting to decide on which shares to sell so that this amount of cash is available to settle the charges. Currently the annual budget of the Academy is around 15 million and by November 2013, the balance at the bank is around 160 million.

The Hong Kong Medical Journal (HKMJ) is a bimonthly joint publication of the Hong Kong Academy of Medicine (HKAM) and the Hong Kong Medical Association (HKMA). This

bimonthly peer-reviewed journal publishes the latest medical research on general medicine. It is distributed to all Fellows of the Hong Kong Academy of Medicine and members of the Hong Kong Medical Association. The HKMJ is indexed in MEDLINE/*Index Medicus*, Science Citation Index Expanded (SCIE), Embase/*Excerpta Medica* and SCOPUS.

By November 2013, there are a total of 6,747 Fellows in the HKAM. The College of Physicians has the largest number of fellows which is 1,538 and our College(the Hong Kong College of Otorhinolaryngologists) has the least number of 146 fellows. (Table) There are 56 Fellows who possess Fellowship in two or more different specialties and they have to pay double annual dues to the HKAM for their two separate Fellowships. At the HKAM, all Colleges are treated equally irrespective of the number of Fellows they have, as all specialties are equally important.

Recently, the Academy has renovated the 3/F to provide function rooms where Fellows can hold private functions such as gatherings or dinners for their friends and there are plans to start Sunday or Saturday "Yam Cha" at lunch time. The food and catering are provided by the Hong Kong Maxim Group. HKAM has also established a Simulation Centre on the 5th floor to provide training facilities for all fellows and other medical fraternities.

We encourage all fellow to come and use the facilities for education and entertainment at the Academy Building as this is OUR Academy.

Number of HKAM Fellows in each College (Nov 2013)

College	Number of Fellows
Anaesthesiologists	443
Community Medicine	162
Dental Surgeons	256
Emergency Medicine	305
Family Physicians	408
Obstetricians & Gynaecologists	453
Ophthalmologists	262
Orthopaedic Surgeons	389
Otorhinolaryngologists	146
Paediatricians	566
Pathologists	255
Physicians	1,538
Psychiatrists	315
Radiologists	437
Surgeons	812
Total	6,747

Feature Article

E-Learning, ENT and Edinburgh College

Mr Derek W SKINNER

*FRCS Ed, FRCS Eng., FCS HK, Dip Med Ed
Consultant ENT Surgeon,
Shrewsbury and Telford Hospitals NHS Trust, UK*



What is e-learning?

E-learning (or 'electronic' learning) may be defined as 'learning that is delivered, enabled or mediated using electronic technology for the explicit purpose of training, learning or development of individuals or groups often within specific organisations. There is no universally accepted definition. The characterisation adopted here can be described as an inclusive definition: it includes the use of distributed technology products (such as CD-ROMs) that do not require the user's computer to be connected to a network. An exclusive definition would exclude these products and include only learning delivered through the Internet or an intranet (which approach could be termed 'online' learning).

The term e-learning first emerged around the turn of the century although, if distributed technology products are included, it could be argued that e-learning stretches back several decades. The development of e-learning has in subsequent years progressed rapidly to encompass a wide range of both formal course-based e-learning packages and products as well as a huge variety of complementary or alternative e-learning techniques, such as sharing knowledge or links to resources via social/interactive media sites and viewing/participating in online lectures, web seminars (webinars), podcasts or microblogging. More recent trends encompass the development of gaming technology to support learning, artificial intelligence and the use of cloud computing, including the potential to deliver learning according to user requirements via the internet rather than by in-house computing systems.

All the colleges of surgeons in the UK have embraced this technological development and are actively working with it for their Fellows. In this short article I shall outline some of the facilities available to the ENT surgeon/trainee in the UK through the RCS Ed. All of which are also available, or becoming available, to the Hong Kong ENT community. Clearly the main requirement is a computer. However, most programmes are also optimised for lap-tops, tablets and often smart phones too.

The Royal College of Surgeons of Edinburgh and e-Learning

The College has many educational facilities at the college itself in the main Playfair building as well as in the newer facilities of the Quincentenary Complex and the King Khalid Building and auditorium. However many fellows now access educational facilities through the web and the college website, both to organise their learning by arranging/booking courses on-line and also undertaking the course or learning experience on-line.

From an ENT perspective a number of educational facilities will be of significant help to ENT trainees, trainers and all professionals involved with ENT surgery.

Some of the facilities

ENT Webinars:

Webinars are effectively live video lectures with a prominent specialist in a specific field giving a lecture using a PowerPoint presentation which can be viewed on your computer at home or in the office. The lecturer can take questions at the end of the presentation and the entire presentation and questions session is stored in an archive accessed on the RCS website.

The session takes around 40 minutes and has included some very relevant topics, for example, noise induced hearing loss, parotid tumours, vestibular physiology and pathology and resection margins in oral tumours. The target audience is largely ENT trainees; however, consideration for presentations relevant to consultants is being assessed. CPD points are allocated for the activity. There is no fee for this activity; however, full or associate membership of the college is required to sign in. The webinars occur about once per month and are advertised on the website.

Non Technical Skills for Surgeons (NOTSS):

“The study of all the factors that make it easier to do our work in the right way”

“NOTSS for Trainees”: the College has created a range of NOTSS resources/courses for all levels of doctor to aid the teaching and training of non-technical skills in a structured manner. This resource aims to fill the knowledge gap in undergraduate and postgraduate education of surgical trainees in the behavioural aspects of surgical performance, so that surgeons are available to identify, classify and acquire non-technical skills. This is intended for those in the early stages of surgical training and consists of an introductory video and 6 short eLearning modules.

“NOTSS in a box” is a similar eLearning resource aimed at Senior trainees and consultants and contains an introduction into human factors and the language of NOTSS. The classification and rating system used for assessment of non-technical skills is introduced as well as providing an insight into the basic concepts of the NOTSS categories. It is intended as a preliminary learning resource for those involved in the teaching and assessment of surgical trainees, identifying examples of cognitive and social behaviours involved in NOTSS. This resource, available free of charge to members and fellows, provides suitable background information for those wishing to attend a full NOTSS Masterclass (located at the RCS).

This is a fascinating area of study that impacts on surgeon’s decision making processes and in the UK, NOTSS is becoming an essential course for all trainees and consultants for on-going training, appraisal and revalidation.

Critical Appraisal:

This is an “e-course” in PowerPoint style which is designed to aid and provide skills with reading and critically appraising scientific papers. It is most specifically aimed at trainees studying for the UK intercollegiate examination; however, the resource is excellent for all of us, who read papers in journals on a regular basis. The presentation is interactive, on-line and you can leave it part way through and pick up again at a later date/time from where you left off.

Anatomy Resources:

This is basically the AclandAnatomy.com anatomy resource on-line through the college website, developed by Robert Acland FRCS, a micro-surgeon and clinical anatomist.

The key features include:

- Over 300 narrated videos of real specimens with PDF transcripts
- Videos optimised for the web and for mobile and tablet devices
- Carefully preserved, expertly dissected human specimens in natural colour and rendered in real life 3D
- Ability to build complex structures from bones and joints, to muscles, blood vessels and nerves
- Integrated review sections throughout the programme
- Downloadable PDF transcripts for use for personal revision or as teaching hand-outs
- Searchable content by anatomical regions or A-Z and glossary
- "My Favourites" Tab for easy reference during review, laboratory or teaching time
- and Email functionality which allows trainers to send specific video clips to trainees.

Volume 4, “The Head & Neck” is a superb anatomy resource for ENT surgeons and includes videos of ossicular movement and similar microanatomy detail. It is ideal for MRCS but also very useful for FRCS candidates as a revision. The presentation is in considerable detail and functionally orientated. Chapters within this volume include, Support & Movement of the Head, the Facial Skeleton & the Base of Skull, the Nasal Cavity & Surroundings, the Oral Cavity & Surroundings, the Larynx & Surroundings, the Facial Muscles & Scalp, the Brain & Surroundings, the Nerves of the Head & Neck, the Blood Vessels of the Head & Neck, the Eye & Surroundings and the Ear.

The Edinburgh Surgical Science Qualification (MSc):

Since 1998, The Royal College of Surgeons of Edinburgh has been successfully developing a range of international surgical and health related online programmes both independently and in partnership with some of the UK's leading Universities. The student-focused, flexible approach, combined with the use of the latest eLearning technology, provides an excellent framework for underpinning an enhanced online learning resource.

Students can study from a range of postgraduate programmes at varying levels of qualifications from CPD, Certificate, Diploma to MSc.

The first two years follow the UK Intercollegiate Surgical Curriculum and prepares students for the Membership of the Royal College of Surgeons (MRCS) examination. The third and final year allows the student to undertake a research project that can be focused on their own specialist surgical area of interest and leads to an MSc in Surgical Sciences, the Edinburgh Specialist Surgical Qualifications (ChM).

The programmes are based on the UK Intercollegiate Surgical Curriculum (which includes ENT Surgery) and provides the opportunity for trainees to select those advanced modules relevant to their declared subspecialty, and supports learning for the Fellowship of the Royal College of Surgeons (FRCS) examinations.

Royal Award for Edinburgh E-learning Innovation (November 2013):

RCS Edinburgh and the University of Edinburgh's excellence in distance-learning have recently been recognised with a Queen's Anniversary Prize for Higher and Further Education.

The award, widely regarded as the highest national honour in UK education, was made for a set of five online courses, aimed at aspiring surgeons.

Working jointly, RCS Ed and the University of Edinburgh developed an innovative method of teaching which allows trainee surgeons to continue practicing, while utilising online platforms to learn at a time and place convenient for them.

By using virtual patient case-studies for discussion, the students learn how to make better clinical decisions. They can discuss patient scenarios with fellow e-learners, while under the guidance of a supervisor based in Edinburgh. Such learning methods have proved particularly effective in countries, where doctors are often unable to travel abroad to add to their skills and knowledge.

Upon completion, the trainees are well-positioned to embark upon training in practical surgical procedures.

Commenting on receiving this award, the Programme Director of the Online Surgical Distance Learning Programmes and RCS Ed Council Member, Professor O. James Garden said: *"We are delighted and honoured to receive such recognition for our pioneering approach to surgical training. These courses help bridge the crucial years between graduating from medical school and reaching the level of consultant surgeon."*

"Our growing suite of surgical distance-learning programmes are helping to re-shape the landscape of postgraduate surgical education and, in so doing, will ultimately improve patient care as today's trainees become tomorrow's surgeons."

In Conclusion:

E-Learning is here to stay !

The on-line learning experience encompasses the various different types of learning style that, as adults, we display (Activists, Reflectors, Theorists and Pragmatists – Honey and Mumford's variation on David Kolb's experiential learning theory), hence all individuals will find something useful and with which they feel comfortable using.

The RCS Edinburgh has been very innovative and highly supportive with its e-Learning programme for all surgeons, both trainees and consultants.

College News

The New College Council 2013-2015

The Nineteenth Annual General Meeting of the Hong Kong College of Otorhinolaryngologists was held on November 23, 2013. The following new Council was elected. The Council would be in office for a period of two years.

President

Dr John Kong-Sang WOO
吳港生醫生

Vice-President

Dr Fu-Man TONG
唐富民醫生

Honorary Secretary

Dr Wai-Kuen HO
何偉權醫生

Honorary Treasurer

Dr Albert Wai-Sing LUK
陸偉成醫生

Censor-in-Chief

Dr Victor ABDULLAH
石偉棠醫生

Council Members

Dr Eric King-Hay FUNG

馮景禧醫生

Dr Chi-Man NGAI

魏智文醫生

Dr Peter Shu-On TANG

鄧樹安醫生

Dr William WEI

韋霖醫生

Dr Birgitta Yee-Hang WONG

黃懿行醫生

Immediate Past President

Dr Raymond Kwong-Hon MA
馬光漢醫生

Education Committee 2013-2015

The objective of the Education Committee is to advise the Council on issues, policies and programs related to training, education and examination in the College.

Chairman (Censor-in-Chief)

Dr Victor ABDULLAH
石偉棠醫生

Members

Hong Kong East Cluster

Dr Amy Sonya Cheuk-See CHEUNG
張卓思醫生

Hong Kong West Cluster

Dr Ambrose Chung-Wai HO
何頌偉醫生

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林照榮醫生

New Territories East Cluster

Dr Siu-Kwan NG
吳少君醫生

New Territories West Cluster

Dr Kong-Wah YEUNG
楊江華醫生

Private & HKSORL-H&NS

Dr Yip-Sun CHU
朱業新醫生

The Chinese University of Hong Kong

Prof Michael Chi-Fai TONG
唐志輝教授

The University of Hong Kong

Dr Raymond King-Yin TSANG
曾敬賢醫生

College News

Education Co-ordinators 2013-2015

Education Co-ordinator from each cluster/hospital helps in communication among respective training centre, between the Education Committee and trainees in education & training issues, administrative support and CME related matters.

Hong Kong East Cluster

Dr Amy Sonya Cheuk-See CHEUNG

張卓思醫生

Hong Kong West Cluster

Dr Ambrose Chung-Wai HO

何頌偉醫生

Kowloon Central Cluster

Dr Hou-Ming CHONG

莊厚明醫生

Kowloon East Cluster

Dr Dennis Lip-Yen LEE

李立言醫生

Kowloon West Cluster

Dr Chiu-Wing LAM

林照榮醫生

New Territories East Cluster

Dr Siu-Kwan NG

吳少君醫生

New Territories West Cluster

Dr Kong-Wah YEUNG

楊江華醫生

Head & Neck Surgery Board 2013-2015

The Head & Neck Surgery Board of the Hong Kong College of Otorhinolaryngologists is responsible for promoting, developing and overlooking post-fellowship Head and Neck Surgery training in Otorhinolaryngology practice in Hong Kong. The Board gives advice to the Council on issues and programs related to Head & Neck Surgery training centres and trainers.

Chairman (Censor-in-Chief)

Dr Victor ABDULLAH

石偉棠醫生

Members

Hong Kong East Cluster

Dr Ka-Cheong CHAN

陳家昌醫生

Hong Kong West Cluster

Dr Ambrose Chung-Wai HO

何頌偉醫生

Kowloon Central Cluster

Dr Hou-Ming CHONG

莊厚明醫生

Kowloon East Cluster

Dr Eric Chi-Ho TANG

鄧志豪醫生

Kowloon West Cluster

Dr Chi-Man NGAI

魏智文醫生

New Territories East Cluster

Dr Siu-Kwan NG

吳少君醫生

New Territories West Cluster

Dr Io-Meng CHIO

趙曉明醫生

Private Sector

Dr William WEI

韋霖醫生

The University of Hong Kong

Dr Raymond King-Yin TSANG

曾敬賢醫生

Advisor

The Chinese University of Hong Kong

Dr Alexander Chris VLANTIS

屈力行醫生

Ex-officio

Dr Fu-Man TONG

唐富民醫生

IT Panel 2013-2015

The College IT Panel is responsible for providing advice on information technology to our College and generating ideas on the College webpage.

Dr Ming-Fai LI

李明輝醫生

Dr Yiu-Wing NG

吳耀榮醫生

Dr Peter Shu-On TANG

鄧樹安醫生

Dr Victor Shing-Howe TO

杜承灝醫生

Upcoming Events of our College

- The 2014 College Scientific Meeting, Annual General Meeting, RCSEd/HKCORL Joint Conferment Ceremony and Annual Dinner will be held on Saturday, November 22, 2014 at the Hong Kong Academy of Medicine Jockey Club Building. Details of the event will be announced later.
- For upcoming local and international academic events, please refer to the 'Upcoming Events' of the College website at <http://www.hkcorl.org.hk>

New Souvenirs and Gifts

The following items are now available for sales.

Those interested can contact our College Secretariat at (Tel) 2871-8733 or (email) info@hkcorl.org.hk for detail.



College Tie

Colour : Glossy light yellow with white diagonal stripes and bear the college logo in the front

HKD: 150 / pc



College Silk Scarf for ladies

Colour : Golden yellow with college logo

HKD: 150 / pc



Ceramic mug (11 oz)

Colour : Black

Logo : Golden screen-printed college logo in the front and the back

Height : 98mm

HKD: 70 / pc



College Bow Tie

Colour : Golden yellow with college logo

HKD: 150 / pc

Each fellow and member will get one FREE polo shirt and one metal pin. Please collect the free souvenirs in person at the College Secretariat or authorize a representative to collect your souvenirs on your behalf by completing the authorization form.



Quick-drying Polo Shirt

Colour : Navy Blue

Logo : White screen-printed college logo on the chest

Size : XXS to XL

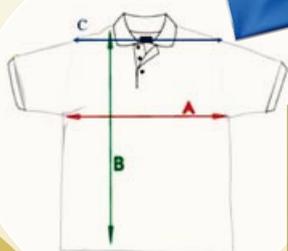
HKD: 90 / pc



College Metal Pin

The logo is orange and yellow in colour. It has our coat of arm in the centre surrounded by an orange rim. The College full name in English is shown on the rim in white

Not for sale



Size (inch)	XXS	XS	S	M	L	XL
A Width	20.5	21.5	22.5	23.5	24.5	25.5
B Length	27	28	29	30-1/4	31-1/4	32-1/4
C Shoulder Width	17-1/2	18-1/2	19-1/2	20-1/2	21-1/2	22-1/2

College News

Admission of New Members 2013

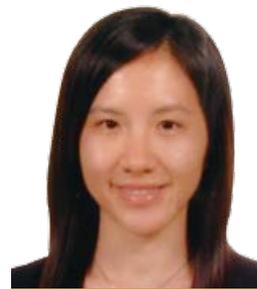
The College would like to welcome the following doctors who have been admitted as members of the College in 2013. They are:



Dr Alvin Po-Ngai CHU
朱圃毅醫生
(HKE Cluster)



Dr Eric Hui-Lun LAU
劉响綸醫生
(NTE Cluster)



Dr Iris Oi-Sum LEUNG
梁譚心醫生
(NTE Cluster)



Dr Fook-Wai LO
盧福煒醫生
(KE Cluster)



Dr Wai-Shun NG
吳偉迅醫生
(KC Cluster)



Dr Zenon Wing-Chi YEUNG
楊穎智醫生
(KE Cluster)

Admission of New Fellows 2013

The College would like to welcome the following doctors who have been admitted as fellows of the College in 2013. They are:



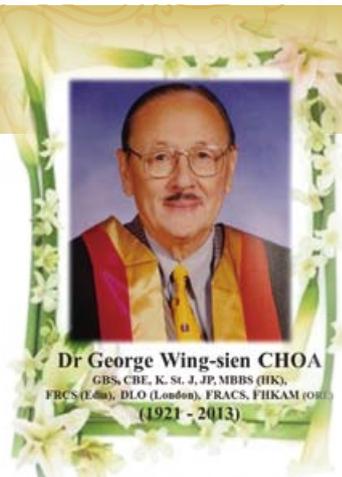
Dr Alice Kwai-Yee SIU
蕭桂儀醫生
(KE Cluster)



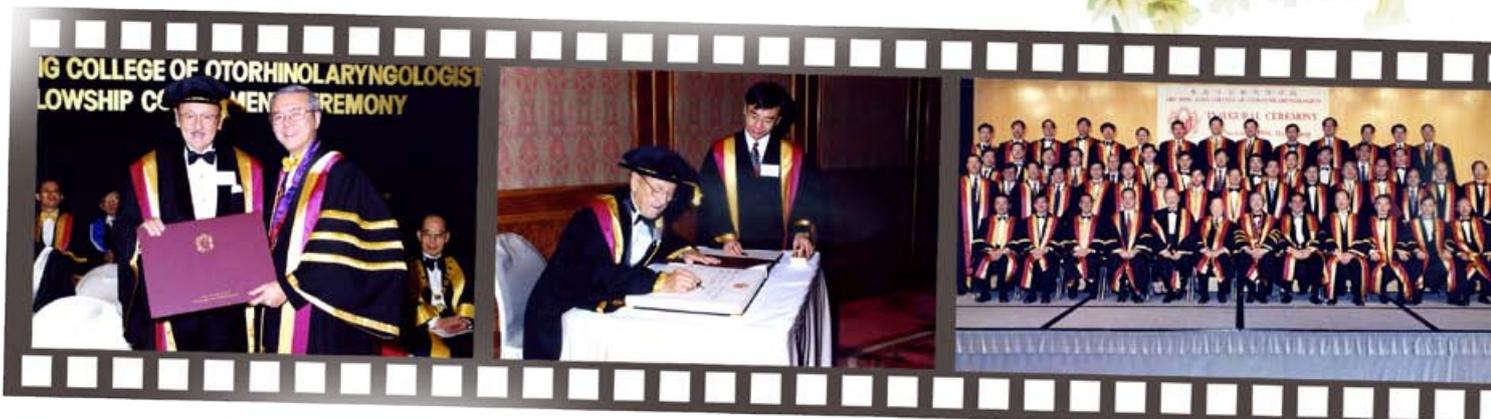
Dr Jonathan Kai-Yum LAU
劉佳音醫生
(HKW Cluster)

Our distinguished Honorary Fellow

In memory of
Dr George Wing-Sien CHOA
GBS, CBE, K. St. J, JP, MBBS (HK),
FRCS (Edin), DLO (London), FRACS, FHKAM (ORL)
(1921 - 2013)



Dr George Wing-sien CHOA
GBS, CBE, K. St. J, JP, MBBS (HK),
FRCS (Edin), DLO (London), FRACS, FHKAM (ORL)
(1921 - 2013)



It is with deep sadness that one of the doyens in our profession, Dr George Wing-Sien CHOA 蔡永善醫生 has, on September 20, 2013, and his wife, Mrs Maisie CHOA (nee Kotewall) 羅璇基女士 on October 29, 2013, passed away.



Dr & Mrs George CHOA at the Inauguration Ceremony, November 1996

Dr Choa is the first honorary fellow bestowed by the College on individuals who have made distinguished contribution to the profession and to the community. He is not just the doyen in Otorhinolaryngology in Hong Kong. He is renowned and respected for his dedication and contribution to public health and the overall well-being of the society. Amongst some of his notable contributions are the establishment of the ENT Society in 1967, which paved the way to the formation of the Hong Kong College of Otorhinolaryngologists in 1995, the formation of the Hong Kong Society for the Deaf in 1968, which has helped countless number of deaf people in the community. Many of us have been his students in our medical school days in Queen Mary Hospital and the Sai Ying Pun Jockey Club ENT clinic. Without his leadership, the development of our specialty would not have grown and flourished with strength as such. His exemplary contribution to the development of ENT in Hong Kong will always be remembered.

Here is the last interview of Dr CHOA by Dr Frederick WONG and Dr Gordon SOO in the SENSES in December 2006.

Hospital Authority, University and Private Practice

An Afternoon's Conversation with Dr George Choa

It was a beautiful early Autumn day at the Deepwater Bay Golf Club. The sun was out and the birds were chirping over what was a little of the traffic noise that daily offends upon one's senses. Looking out over the beautiful golf course with its fluttering pin-flags and contrasting bunkers, it really was a strange and wonderfully serene sight – so far yet so near to the frenetic world of the Hong Kong that we know.

Dr Frederick Wong and I were busy setting up our recording equipment because we had arranged for an interview with one of Hong Kong's finest sons, Dr George Choa, GBS, CBE, JP. Well known for his work in our college and society and a patron of the sports, Dr Choa embodies the image of the distinguished statesman, always the refined gentleman with that understated Savile Row sartorial elegance.



Dr George CHOA

And we were not disappointed. Dressed in a navy blue blazer with The Hong Kong Golf Club Captain 1972 – 73 badge emblazoned upon it, Dr Choa arrived.....and for Fredrick and myself, the thirty minutes that followed is something that we will never forget...in our very own afternoon's conversation with Dr George Choa.

Dr Soo: Dr Choa, thank you very much for allowing us this opportunity to talk to you. We would like to ask you some questions with regards your practice of ENT. Perhaps I can first start by asking you, how did you come to choose ENT as your career?

Dr Choa: Well, I was at the Queen Mary Hospital years and years ago. In the 1940s, in fact, there were no ENT, Eye or any specialists-in-training at the Queen Mary Hospital in hospital training. One year, the Hong Kong Government decided to start the Medical Department, which then became the Medical and Health Department. Later on, they separated into

the Hospital Authority and the Department of Health. There were several specialists that they wanted and one of them was ENT. Since I liked fine surgery, I offered to do ENT.

Dr Soo: How different was it to practice then as it is now?

Dr Choa: You know, before I came back, the general surgeons did everything. In fact you must have heard of Professor Digby of the Digby Memorial Lecture fame. Professor Digby was the first Professor of Surgery at the Hong Kong University, he did everything. He did urology, he would do ENT, he would do gynaecology, orthopaedics - everything he knew. By the way, the first paper on NPC was written by Professor Digby and his assistant Dr Lai Fook.

There were the one or two general surgeons who did things like tonsillectomy. And they would do acute mastoid that presented with an abscess. They would incise the abscess and that's all they were capable of doing; and it was in fact lucky that they did not do any more (hahaha).

So that's how it was, you see, in those days, everybody was a generalist at the Queen Mary Hospital except maybe the obstetricians. There were general medicine and general surgery. We did not even have a specialist anaesthetist.

Dr Soo: You have had many teachers in your early days. Who, to you, actually stood out the most, and why?

Dr Choa: Locally, I think the most impressive person was Professor Digby. And when he retired, we had an Acting Professor of Surgery called Dr John Grey. Very very nice chap, he was also a general surgeon.

You may remember the history of the medical students during the war of the Japanese Occupation in Hong Kong. When the Japanese occupied Hong Kong, those of us who wanted to continue to study medicine had to go to China. Some went to the Shanghai Medical College which was located near Chung Hing. I was assigned to Sheung Nga Medical School which was the "Yale" in China and in those days, it was in Kwai Yeung. And I think there were about twelve or fourteen of us who went to Kwai Yeung. We had a very hard time.

For four years, we were in China continuing our medical studies. When we finished, we were awarded a degree. However we had to come back to Hong Kong to do the final year internship. And after that the university needed all of us to take the MBBS examination. So a one-year refresher course was given and we took the MBBS Hong Kong examination. I did quite well in surgery, so I worked under Dr Grey, the then Acting Professor of Surgery, for a number of years.

We were lucky in those days because we were allowed to do a lot of surgery, which I do not think the intern would be allowed to now! Appendicitis, of course, and hernia, and we got to do a lot of open cystostomy for obstruction. You name it, anything we can get our hands on. And we were allowed to do a lot of surgery. Now this was how I was chosen by Grey. That was general surgery.

In ENT training, when I first went to Edinburgh. The head of the unit was Simpson Hall. You might not have heard of him, he has a textbook on ENT, you will find a textbook written by him. Very, very nice chap. He was one of the pioneers of the fenestration operation for otosclerosis in the UK. He was basically an otologist. And I admired him.

After my initial trip to Edinburgh I went to London. In London I went to the Institute of Laryngology which all of you would know. There the professor then was Professor Donald Harrison. You remember - he came here to give the George Choa Lecture some years ago. He was an oncologist, a head and neck man. A very academic man and he did a lot of skull work. He was a very nice person.

And also in those days when we were starting stapes surgery, there was another very good surgeon there called Terence Cawthorne in London. A very nice man who did a lot of stapes surgery.

Then another very, very fine teacher and surgeon is Andrew Morrison. You read about him even now, writing a lot about otoneurology. His son is now a consultant of one of the leading hospitals in the UK. Andrew Morrison is not only a good surgeon, he is a good golfer.

Andrew Morrison and Professor Harrison - and the another great ENT man, then and now, is John Ballantyne. The Scotts Brown Otology ENT textbook - he edited it for many, many times. He is still alive, and is a very good friend of mine. When I go to England I see him socially every year.

And there are many other people who are very distinguished surgeons. One of my best friends and contemporary is a chap called Peter McKelvie who used to be a senior surgeon at the London Hospital. Another is Fred Navnit Shah who was, for many years, a Consultant at the Institute.

Dr Soo: These are all names that we know.

Dr Choa: These are all well known names in the UK.

Dr Soo: With the next question, more regards your career. Which aspect of your professional career did you think gave you the most satisfaction and achievement?

Dr Choa: When I came back from UK in 1954, I became an Honorary Consultant at the Tung Wah Hospital. I did general surgery to begin with and used to do a lot of general surgery at Tung Wah. And I think I did a lot for surgery in Tung Wah. John Grey again was the senior consultant. When I first worked at Tung Wah, the operation theatre was just across the corridor like the nursing school.

Asepsis was unknown, very primitive. Because Tung Wah in those days was what they called a lying in hospital; you would go in to die. There was a surgeon called Dr George Thomas, whose son became one of our ENT Consultants in Hong Kong. He always amused us by saying people

came into the hospital and got carried out. Because of their poor condition and no well trained surgeons, people used to go there when they were almost terminal.

Anyway, I think that period was enjoyable because I helped to develop modern surgery there. In those days when I was doing general surgery like cholecystectomy, the nurses would hold a torch for lighting. You did not have proper OT lighting. But if you go to Tung Wah now you'll see our nurses and our modern unit. Of course I'm not the one who did it but we started it in those days. Of course I was one of the first to do stapedectomy in a Chinese.

During the training the most enjoyable time was when I spent time with the House Group in Los Angeles. You probably know about it. I became very good friends with Howard House and Bill House. In fact I saw Bill House do his first cochlear implant many years ago. That was a very, very satisfying period, and from that time on, I developed a very close friendship with Howard House.

Dr Soo: As I remember, many of our trainees went to the House Group.

Dr Choa: Yes I recommend it to all of you that if you do ear surgery, you should go to USA and you must go and visit the House Clinic. There are many other good ones, but the House Group surgeons are all very friendly and they have got wonderful facilities.

Dr Soo: When they hear we are from Hong Kong they will always ask 'Do you know Dr Choa?'

Dr Choa: They would know me. I have been there many times.

Dr Soo: As you know, our Hong Kong ENT Society has been around for many, many years. What I like to ask you is what was it like at its inception, its birth and early days?

Dr Choa: It's funny. I am one of those chaps who always thought a society was important. Five or six of us started the ENT Society in the 1960's, I think '67 or '68. And it just gradually grew because in

those days, ENT, Eye, the so called small specialities, were not given any importance by the Government. And in those days the Government's support was very important. The Medical and Health Department really controlled all of the doctors in Hong Kong.

In private practice, if you go back 50 years, I do not think ENT was popular. There were very few ENT in those days, three or four who really had any interest in practising ENT at all.

Dr Soo: Now we have over one hundred and thirty members.

Dr Choa: In the ENT Society, which is a very, very good thing. Now you know, it's difficult to get a job, whether in university or in hospital. For a chap of my age, seeing the development, from simple intranasal antrostomy to now, we are doing FESS. In the ear we used to use the hammer and gouge, and now microscope and fine drills.

One of the most famous otologist of my time in New York was a chap called Fowler. If you read the literature you will know his name – EP Fowler. He was a senior otologist at the Presbyterian Hospital in New York, very famous. I still remember him teaching me how to use the gouge. He used the gouge and the curette to do mastoidectomy. Of course he was very skilful. That is how I did it too.

And of course I had the privilege to know Julius Lempert, who in those days was a master of fenestration. He was famous before Rosen accidentally discovered stapes mobilization. Later John Shea developed stapedectomy. Unfortunately Julius Lempert didn't take it very well, he took it very badly. Fenestration fell away. He died a very disappointed man.

Dr Soo: He is still one of the heroes in Otolaryngology.

Dr Choa: Oh yes. He used to do fenestration beautifully. There were people who took hours to do it. But Lempert could do it easily within an hour, or sometimes maybe even less, because he was so skilful.

Dr Soo: Did you have the opportunity to watch him do it?

Dr Choa: I did. He was a small little fellow, a bit short. I can stand on the side and watch. He always operated from the head of the patient rather than from the side.

There used to be a surgeon in Los Angeles by the name of Victor Goodhill. You may have seen his textbook. He used to operate on the opposite side of the ear. When he did the right ear, he stood on the other side. He was used to the angle.

Dr Soo: Nowadays our trainees and young specialists have the tools of the internet and can travel easily to conferences to acquire the latest knowledge in our profession? Can you tell us about your early days of training and practice?

Dr Choa: Of course we did have aeroplane, but it took a little longer than now. The first time I went to UK, I took a boat. First time, it took one month. I was sea sick as hell. Subsequently I took aeroplanes and the plane always stopped in India before it continued.

Dr Soo: You have mentioned that you travelled widely and have had the opportunity to listen to many prominent ENT surgeons. But, amongst them, those internationally and locally famous surgeons, who do you admire the most and why?

Dr Choa: I would say Howard House (stapes surgeon). First of all we are friends, and he was also a very very skilful stapedectomist. He can do six or seven in one morning. He is very methodical and they all do it under local anaesthesia.

They would set two theatres, and after they'd done one, then they would do the other one. Their nurses were very good. They prep the ear, and got everything ready for surgery. They knew their instruments well and what the surgeon needed at every step. The surgeon need not look up. They could do it so quickly, step by step, easily. First make the incision, raises the flap, and mobilize stapes, and then put in gelfoam. Later on he gave up gelfoam because it forms granuloma. He is certainly someone I admire.

In chronic ears I choose James Sheehy, who is also at the House Group. In Head and Neck, Dr John Conley stands out amongst all.

Dr Soo: Perhaps on a different topic. In Hong Kong we know you for your passion for golf and you are a great supporter of junior golf in Hong Kong. Can you share something with us about this aspect of your life as a supporter of the sport?

Dr Choa: Well I used to be a very good tennis player. I was the champion of the university. We were there before the war. I was also a member of the Chinese Recreation Club and I used to captain their A team. So I was ranked maybe the fifth or sixth in Hong Kong for tennis. Then I went to the UK in 1950 to study. And when I came back, all my tennis pals had taken up golf. So I thought I had better try it.

And it may be interesting to you, it was in 1954, about 50 years ago that I started to play golf here, on this course in Deepwater Bay. In those days we did not take too many lessons. If I took more lessons right from the beginning, I might have become better. But I became pretty good, with a single handicap for a number of years. And I was also very interested in running a golf club; so in 1972, I was elected Captain of the Hong Kong Golf Club.

Dr Soo: Dr Choa. It is said that behind every good man, there is a great woman. Would you agree that?

Dr Choa: Oh absolutely. Now I met my wife in the university. And in my time there were few established families in Hong Kong. There were the Choas. And the Hos, Stanley Ho, that group of people. And then my late father-in-law was Sir Robert Kotewall. If you go up Kotewall Road, that's name after him.

So in the university we mixed with so-called family members. That's how I met my wife, then and there in the university. And I would say she's more or less the Miss Hong Kong University, very attractive. But she didn't play sports. Tennis or golf. And she was trained as a teacher, and she taught at quite a number of places including St Paul's Co-ed. And then when we had children. After Brian was born, she gave up teaching and concentrated on the family.

Dr Soo: You have children that would make any father beam with pride. What advice would you give

our young specialists and trainees now with regards to career development and family?

Dr Choa: Family?

Dr Soo: Because they may compete.

Dr Choa: It's slightly different from my time. In my time, when I was a little fellow, I had an amah looking after me. I came from a big family. I'm one of twelve children; I am tenth. One of my brothers died as a baby so we'd eleven left. And in my time we had the luxury that each had an amah looking after us. I think the salaries in those days were only three dollars a month, for an amah.

Now, for you and those younger, when you get married and you need to spend time to study, I think you should try to get some house help for your wife. Otherwise it's very difficult for her to manage more than her side. Of course in Hong Kong we have plenty of Filipino maids who we can employ, especially one that's good for young child. It's funny; I think most of them, the Filipino maids, like children. They can help your wife out so that you don't have to worry about them too much and concentrate on your study.

Dr Soo: Finally how do you see the future of the ENT specialty within Hong Kong and also Hong Kong within this world?

Dr Choa: Well Hong Kong is an internationally famous place. And the ENT unit, through Professor William Wei, now is internationally known. I think more and more people come here for our courses. For example Professor Wei runs a Head and Neck course every year.

The Chinese University has a temporal bone course which is getting popular, in fact. They have done around three courses in a row, and Dennis (Choa) comes every year under the very able leadership of Dr Victor Abdullah. I used to, you know, know his father Dr Haroon Abdullah very well. He was in Queen Mary Hospital with the gynaecology unit.

I think for your contemporaries now, number one, you're much better trained. Number two, I think

your attitudes have been very much better. Your attitude is not about "I'm going to go out to make dollars" but more on getting the patients well, and do it properly. And then you realise to do it properly, you got to know how to do it yourself. So most of you are very heavily learning from experts, and when there're courses in Hong Kong, they are all well attended at the academy and elsewhere. So personally I'm very happy about the ENT set up in Hong Kong.

Dr Soo: Dr Choa. I have really enjoyed this afternoon's conversation with you and would like to thank you very much.

Dr Choa: Thank you.

The thirty minutes passed quickly...way too quickly for us. So when we were invited to stay to lunch with Dr Choa, we were only too happy to accept, if only to hear more of the colourful stories that Dr Choa tells with such surgical wit and clarity.

In our drive home later, beneath the winding canopy of Repulse Bay Road, Frederick and I reflected upon the time that we had spent with Dr Choa. We listened to his reflection of Hong Kong's yesteryears. We absorbed his stories of giants in our field who regard him as their very own friend – like Howard House, William House, Terence Cawthorne, John Conley, John Ballentyne to name a few, and of the many others like Julius Lempert, Victor Goodhill and Simpson Hall that he was fortunate to have met and observe operating.

And it was then that we realised something a little more profound - that here, in our very own midst, was our very own giant who was regarded equal amongst the greats, by the greats of his specialty, our specialty. In that very moment, we were both silent...there was simply nothing else left to do other than to capture and savour the very essence of an afternoon's conversation with our very own Dr George Choa, GBS, CBE, JP.

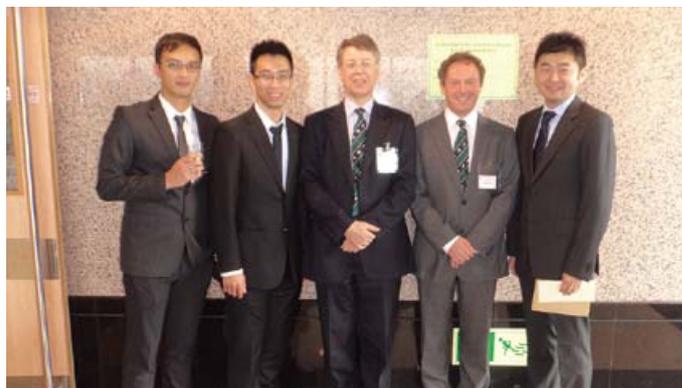
*Gordon SOO
Tak Cheung WONG*

College News

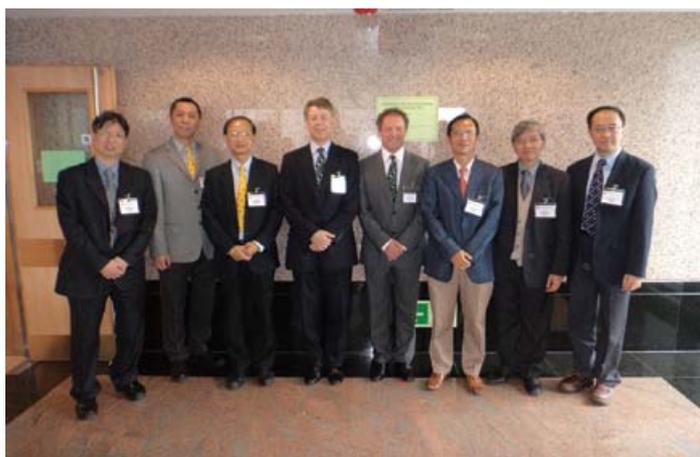
Event Highlights (February 2013 - January 2014)

RCSEd/HKCORL Joint Intercollegiate Higher Specialist Examination in Otorhinolaryngology 2013

The exit examination was successfully held at the University of Hong Kong/Queen Mary Hospital, Pamela Youde Nethersole Eastern Hospital and Tuen Mun Hospital on November 20-22, 2013. There were three candidates taking the conjoint examination and all passed. They were Drs Jonathan Kai-Yum LAU, Chi-Wai LEE and Yat-Bong YEUNG.



(from left to right) Dr Yat-Bong YEUNG, Dr Raoul Chi-Wai LEE, Mr Derek W SKINNER, Mr Andrew C SWIFT and Dr Jonathan Kai-Yum LAU



Group photo after examiner's meeting
(from left to right): Dr Tsun-Cheong CHU, Dr Kong-Wah YEUNG, Dr Fu-Man TONG, Mr Derek W SKINNER, Mr Andrew C SWIFT, Dr Raymond MA, Dr Ming-Fai LI and Dr John WOO



All examiners, co-ordinators and successful candidates
Back row (left to right): Dr Joseph CHUNG, Dr Ingrid CHIO, Dr Alex LEE, Dr Jonathan LAU, Dr Raoul LEE, Dr Yat-Bong YEUNG, Dr Tsun-Cheong CHU and Dr Kong-Wah YEUNG
Front row (left to right): Dr John WOO, Dr Raymond MA, Mr Andrew C SWIFT, Mr Derek W SKINNER, Dr Fu-Man TONG and Dr Ming-Fai LI



All Education Committee, Council members and successful Candidates
Back row (left to right): Dr Yat-Bong YEUNG, Dr Raoul LEE, Dr Yip-Sun CHU, Dr Ambrose HO, Dr Chi-Man NGAI, Dr Hou-Ming CHONG, Dr Wai-Kuen HO, Dr Siu-Kwan NG, Dr Raymond TSANG, Dr Kong-Wah YEUNG, Dr Chiu-Wing LAM, Dr Birgitta WONG, Dr Amy CHEUNG, Dr Jonathan LAU and Dr Dennis LEE
Front row (left to right): Dr Peter TANG, Dr Eric FUNG, Dr Victor ABDULLAH, Dr John WOO, Dr Raymond MA and Dr Albert LUK

Special Welcome Reception

The College Council and the College Education Committee congratulated the new Fellows at a special welcome reception in the College Chamber on January 21, 2014.

Annual Scientific Meeting 2013

The Annual Scientific Meeting was successfully held on November 23, 2013. There were ten presenters in the trainee research presentations. Dr Albert Wai-Sing LUK was the Chief Adjudicator. The five local adjudicators included Dr Chi-Man NGAI, Dr Chadwick Chiu-Wing LAM, Dr Kwong-Chi TANG, Dr Laurence Ho-Yue WAN and Dr Lawrence Kwok-Chang LI. Mr Derek W SKINNER and Mr Andrew C SWIFT were invited to be external adjudicators.

The results of the trainee presentation competition were announced during the conferment ceremony. The George Choa Prize for Outstanding Presentation was awarded to Dr Wai-Tsz CHANG of the NTE Cluster for her paper on *"Functional analysis of the vestibular system in adolescent idiopathic scoliosis"*.

Dr Sylvia Suet-Ying YU of the HKW Cluster won the College Medal for Best Presentation for her paper on *"Head and Neck Squamous Cell Carcinoma in Hong Kong Octogenarians"*. Dr Sylvia Yu was also awarded the HK\$10,000 scholarship from the Thomas Cheung Education Fund of the Hong Kong Society of Otorhinolaryngology, Head & Neck Surgery.



Ten Presenters receiving the research paper awards in the Conferment Ceremony 2013 (from left to right): Dr Felix Tak-Yin LAU, Dr Jacky Wai-Kei LAM, Dr Jacky Ka-Fai WONG, Dr Peter Ka-Chung KWAN, Dr Sylvia Suet-Ying YU, Dr Jackie Mei-Kei CHEUNG, Dr Vincent Kwok-Hung LEUNG, Dr Ryan Hung-Wai CHO, Dr Chi-Keung MAK and Dr Wai-Tsz CHANG



The Board of Adjudicators (from left to right): Mr Derek SKINNER, Mr Andrew SWIFT, Dr Laurence WAN, Dr Kwong-Chi TANG, Dr Chi-Man NGAI, Dr Lawrence LI and Dr Chiu-Wing LAM



Dr Raymond Kwong-Hon MA presenting the George Choa Prize for Outstanding Presentation to Dr Wai-Tsz CHANG in the conferment ceremony



Dr Albert Wai-Sing LUK, the Chief Adjudicator



Dr Raymond Kwong-Hon MA presenting the College Medal to Dr Sylvia YU in the conferment ceremony



Dr Heung-On WAI, President of the Hong Kong Society of Otorhinolaryngology, Head & Neck Surgery presenting the prize to Dr Sylvia YU in the conferment ceremony

Annual Scientific Meeting 2013

Dr Jonathan Kai-Yum LAU, the winner of the Thomas Cheung Memorial Fund of the Hong Kong Society of Otorhinolaryngology, Head of Neck Surgery 2012 shared his experience in attending the 54th English Course in Micro Surgery in Otolaryngology & Otolaryngology at BORDEAUX, France on September 9 to September 12, 2013.



Dr Jonathan LAU sharing his experience in attending the 54th English Course in Micro Surgery in Otolaryngology & Otolaryngology



Dr Fu-Man TONG introducing our guest speaker, Mr Swift on the stage.

The Annual Scientific Meeting 2013 was highlighted by the lecture "*Training of the new ENT Surgeons in the New Era*", delivered by Mr Andrew C SWIFT, Consultant ENT Surgeon & Rhinologist at the Aintree University Hospitals NHS Trust. He was also an exit examination examiner from the Edinburgh College in 2013.



Dr Raymond Kwong-Hon MA presenting a souvenir to Mr Andrew C SWIFT (right)



Mr Andrew C SWIFT delivering his lecture

Annual General Meeting (AGM)

The Nineteenth Annual General Meeting was successfully held in the Pao Yue Kong Auditorium, the Hong Kong Academy of Medicine Jockey Club Building, Aberdeen, Hong Kong on Saturday, November 23, 2013. The President's report, the Honorary Secretary's report, the Honorary Treasurer's report including Statement of Account and Reports of Directors and Auditor, the appointment of the honorary auditor and legal adviser were endorsed.



The ballot paper counting process

Elections of Council Members 2013-2015:

In accordance with the Memorandum and Article of Association (M&A) of the Hong Kong College of Otorhinolaryngologists (HKCORL), an election for positions in the College Council for a two-year term (2013-2015) was held in the 2013 Annual General Meeting (AGM). Returned ballot(voting) papers received before the deadline were opened and checked by two scrutineers-Dr Kai-Bun FUNG and Dr Alfred Tai-Yiu LAM, and the votes were counted by Dr Ming-Fai LI. Dr Kwong-Chi TANG and Dr Tsun-Cheong CHU were invited to attend as observers. Ms Fontane HOR, trainee solicitor from Mr Ma Ho Fai & Woo, Kwan, Lee & Lo, Solicitor & Notaries, was present as a witness in the Council election. The results were reported and endorsed at the Annual General Meeting:

The five elected council members 2013-2015 are:

Dr Eric King-Hay FUNG

Dr Chi-Man NGAI

Dr Peter Shu-On TANG

Dr William WEI

Dr Birgitta Yee-Hang WONG



2011-2013 Council members on stage
(from left to right): Dr Ming-Fai LI, Dr Alfred LAM, Dr Peter TANG, Dr Fu-Man TONG, Dr John WOO, Dr Raymond MA, Dr Wai-Kuen HO, Dr Albert LUK, Dr Eric FUNG and Dr Kai-Bun FUNG

RCSEd/HKCORL Joint Conferment Ceremony

The RCSEd/HKCORL Joint Conferment Ceremony was successfully held at the Pao Yue Kong Auditorium, Hong Kong Academy of Medicine Jockey Club Building on November 23, 2013. Our College Council invited government officials, medical societies and sister college representatives to join us to admit new members and fellows.

After the introduction of the official platform party, Dr Raymond MA, our College President, delivered the welcome speech. It was followed by the address from Mr Derek William SKINNER, Examination Team Leader of the Royal College of Surgeons of Edinburgh and then by Dr William WEI, Honorary Treasurer of the Hong Kong Academy of Medicine.

This year, there were two doctors conferred the College fellowship, seven doctors awarded the fellowship of the RCSEd and six doctors being awarded membership status of the HKCORL. Awards in the research paper presentations 2013 were given. Appreciation to former Council members: Dr Kai-Bun FUNG, Dr Alfred Tai-Yiu LAM and Dr Ming-Fai LI, in recognition of their services and contributions to the College, were also delivered on stage.



Guests signing the guest book before the conferment ceremony (left to right) Dr Area LEUNG (President, HKCOG), Dr William WEI (Honorary Treasurer, HKAM) and Dr Heung-On WAI (President, HKSORL-HNS)



Conferment of Fellowship of the HKCORL & RCSEd (from left to right) Dr Natalie LEUNG, Dr Alice SIU, Dr Nelson LAI, Dr Geoffrey CHUNG, Dr Pui-Yee LO, Dr Nelson HUI, Dr Hok-Nam LI and Dr Jonathan LAU



Council members and newly admitted fellows
Back row (left to right) Dr Jonathan LAU, Dr Wai-Kuen HO, Dr Victor ABDULLAH, Dr William WEI, Dr Ming-Fai LI, Dr Alfred LAM, Dr Albert LUK, Dr Chi-Man NGAI, Dr Birgitta WONG and Dr Alice SIU
Front row (left to right) Dr Eric FUNG, Dr Peter TANG, Dr Raymond MA, Mr Andrew SWIFT, Mr Derek SKINNER, Dr John WOO, Dr Fu-Man TONG and Dr Kai-Bun FUNG



Council members and the platform party (from left to right) Dr Wai-Kuen HO, Dr William WEI (Honorary Treasurer, HKAM), Dr Heung-On WAI (President, HKSORL-H&NS), Prof Gabriel M LEUNG (Dean of the Li Ka Shing Faculty of Medicine, HKU), Dr Sin-Ping MAK (President, HKCCM), Dr Chi-Wai CHEUNG (Vice-President, HKCA), Dr Ares LEUNG (President, HKCOG), Dr Hung-To LUK (Immediate Past President, CSHK), Dr Anne LEE (Vice President, HKCR), Dr Michael SUEN (President, HKCPATH), Mr Derek SKINNER, Mr Andrew SWIFT, Dr Raymond MA, Dr Hon Ka-Lau LEUNG (Legislative Councillor, HKSAR), Dr John WOO, Dr Ruby LEE (President, HKCFP), Dr Sik-Nin WONG (President, HKCPaed), Dr Edward LEUNG (Council Member, HKCP), Dr Ming-Fai LI, Dr Albert LUK and Dr Fu-Man TONG



Department of ENT, Queen Mary Hospital



Department of ENT, Pamela Youde Nethersole Eastern Hospital



Department of Otorhinolaryngology, Head & Neck Surgery
Yan Chai Hospital



Department of ENT, NTE Cluster & KE Cluster



In the memory of Dr George CHOA



Condolence to Dr George CHOA



Dr Raymond MA presenting a souvenir to
Dr Kai-Bun FUNG (right)



Dr Raymond MA presenting a souvenir to Dr
Alfred LAM (left)



Dr Raymond MA presenting a souvenir to
Dr Ming-Fai LI (left)

The Seventh College Oration

This year, we are honored to have Professor Gabriel M LEUNG, Dean of the Li Ka Shing Faculty of Medicine at the University of Hong Kong, presenting the Seventh College Oration, entitled "Professionalism revisited: reducing inequities, sustaining excellence".

Professor Leung's decision against using any visual adjunct was particularly wise and appropriate for the ENT College and in his words: "after-all only a functional auditory system would allow the audience to indulge in his speech".

Professor Leung retrieved a quote from the Genevan political philosopher Jean-Jacques Rousseau.

"Each one of us puts into the community his person and all his powers under the supreme direction of the general will; and as a body, we incorporate every member as an indivisible part of the whole."

Professor Leung was of the view that our profession as doctors do have a monopoly over the use of medical knowledge and the power to self-regulate and the consequential financial and non-monetary rewards. In return we as doctors are expected to put a patient's interest above our own, uphold quality and standards, practise with integrity, live morally, be responsive to societal concerns, and be generally devoted to the public good.

Professor Leung's reading of the phrase "上醫治國，中醫治人，下醫治病" from the *Yellow Emperor's treatise on Internal Medicine* illustrated his view and the motto of the Faculty of Medicine of the University of Hong Kong



In contrast to the recent reports in the news stating that students from less advantageous background are afraid in pursuing a career in the medical profession, Professor Leung mentioned that the HKU medical school will be reserving at least three quarters of student places for JUPAS candidates, along with the launch of the new "Springboard Scholarships" that recognizes candidates who had overcome extraordinary challenges as they grew up.

Professor Leung concluded the ceremony by ensuring us that the new direction of the HKU Medical Faculty admission scheme would not jeopardize academic standards and he is confident that a greater diversity would translate into more comprehensive learning experience for all members in our profession.



Reported by Dr Jonathan Kai-Yum LAU
Resident Specialist / HKW Cluster



The Officiating Procession entering the conferment ceremony



Professor Gabriel M LEUNG delivering the seventh College Oration



Dr. Kwong-Hon MA presenting a souvenir to Professor Gabriel LEUNG

Annual Dinner

The annual dinner is one of the important events of the College. This is the time to congratulate the work of committee members, examiners, to share the joy of successful candidates in examinations, and to engage senior and young colleagues socially.

Drs Nelson Kwong-Lun LAI and Alice Kwai-Yee SIU were our Master of Ceremonies in the annual dinner. The annual dinner was prelude by a vocal performance of the song 'Take these wings'. It was followed by the welcoming speech by the president Dr Raymond MA to our guests. Dr Man-Ho IP and all examination candidates gave a vocal performance of folk songs in the Annual Dinner. As the term of office of Dr Raymond Ma was expiring at the end of the ceremony, Dr Ma handed over the presidential badge to the President Elect-Dr John Kong-Sang WOO. The ceremony was concluded with a closing remark from Mr Derek William SKINNER from Edinburgh.

For more photos, please visit www.hkcorl.org.hk



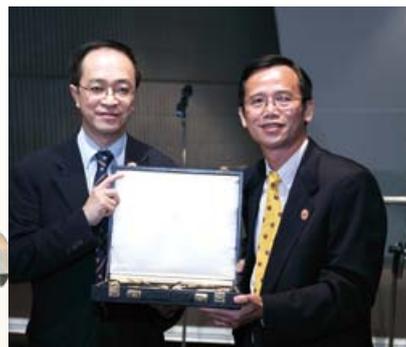
Drs Nelson LAI and Alice SIU as our Masters of Ceremonies of the annual dinner



Vocal Performance of the song 'Take these wings' with piano and flute accompaniment
(from left to right) Dr Alvin CHU, Dr Nelson LAI, Dr Kelvin CHOW, Dr Chin-Wang LAU, Dr Fiona WONG, Ms Cindy LEUNG, Dr Athena WONG, Dr Sylvia YU, Dr Cynthia WAL, Dr Amy CHEUNG, Dr Cole CHAN and Dr Julian YAU



Dr Cole CHAN playing the flute and Dr Julian YAU playing the piano



Dr Raymond MA handing over the presidential badge to the President Elect-Dr John WOO



Dr John WOO presenting a souvenir to Dr Raymond MA



Vocal Performance of folk songs with guitar accompaniment
Dr Yiu-Ming WAN and Mr Lawrence KO (Pharmacist/YCH) were playing a guitar



Dr Man-Ho IP (right) and the ENT choir singing folk songs



Dr Yiu-Ming WAN (front) singing and Mr Lawrence KO (back) playing guitars

CME Lectures

The Tung Wah Groups of Hospitals Visiting Professor 2013, Professor Gregory S WEINSTEIN, also Professor and Vice Chair & Director, Division of Head and Neck Surgery and Co-Director, The Center for Head and Neck Cancer, Department of Otorhinolaryngology, Head and Neck Surgery, The University of Pennsylvania delivered a talk on "The Role of Supracricoid Partial Laryngectomy for Endolaryngeal Carcinoma – Oncologic and Functional Analysis of One Surgeon's 20-year experience" on February 23, 2013.



Dr Raymond Kwong-Hon MA presenting a souvenir to Professor Gregory S WEINSTEIN

Dr Raymond Hin-wai NG, Consultant, Department of Otolaryngology-Head & Neck Surgery, Rouge Valley Health System at Canada delivered a lecture on "A New Non-Invasive, Ambulatory Genetic-Based Screening Test for Nasopharyngeal Carcinoma" to our College and ENT Society members on May 24, 2013.



Dr Raymond Kwong-Hon MA presenting a souvenir to Dr Raymond NG



Dr Raymond NG giving his lecture



Dr William WEI chairing the meeting

Dr Matthew Man-Wah YUNG, Consultant Otolaryngologist, The Ipswich Hospital NHS Trust, United Kingdom delivered a lecture on *"Watery Eyes: Simply Nasal Allergy?"* to our College fellows and members on August 15, 2013.



Dr Raymond Kwong-Hon MA presenting a souvenir to Dr Matthew YUNG



Dr Matthew YUNG giving his lecture



(from left to right) Dr Kuen-Kwok CHU, Dr Raymond MA, Dr Matthew YUNG, Dr Ming-Fai LI, Dr Man-Ho IP and Dr Sai-Kit LAU



Dr Ming-Fai LI chairing the meeting

On 24th January 2014, Professor Gayle E. WOODSON, and Professor K. Thomas ROBBINS, from the Division of Otolaryngology-Head and Neck Surgery, Southern Illinois University, USA delivered a lecture on "Spasmodic Dysphonia" and "Management of Sinonasal Cancer".



Professor Gayle E. WOODSON signing the guest book in the College Chamber (from left to right) Dr William WEI, Dr Fu-Man TONG, Dr Raymond MA and Professor K Thomas ROBBINS



Back row (from left to right) Dr Birgitta WONG, Dr Yiu-Wing NG, Dr Wai-Kuen HO, Dr Fu-Man TONG, Dr Shun-Kit CHOW, Dr Peter TANG and Dr Eric FUNG
Front row (from left to right) Dr William WEI, Professor Gayle E. Woodson, Professor K Thomas ROBBINS and Dr Raymond MA



Professor K Thomas ROBBINS signing the guest book in the College Chamber.

First Discussion Forum on Head & Neck Surgery Training

The first discussion forum was held on February 26, 2013 to collect opinion and support from our fellows. It was agreed that subspecialty development was a direction for our College. Our Council endorsed that a post-fellowship training programme in HNS would be developed.



Dr Fu-Man TONG giving an introductory on this discussion forum



Fellows and Members attending the first discussion forum



Dr Gordon SOO was invited to share his view and experience on facial plastic surgery

CPD Seminar

The Fourth CPD Seminar was successfully held on Saturday, June 29, 2013. Drs Chi-Leung LEE, Dr Kwok-Kwong CHEUNG and Dr Pui-Yee LO gave presentations in this seminar. Dr Wing-Kit YU was invited as chairman in the meeting.



(from left to right): Dr Chi-Leung LEE, Dr Pui-Yee LO, Dr Joseph Yap CHAN, Dr Chun-Kuen CHOW and Dr Dennis LEE



Topic 1 : Spasmodic Dysphonia, How We Handle It? delivered by Dr Chi-Leung LEE Associate Consultant, Department of ENT, Queen Elizabeth Hospital



Topic 2 : Papilloma of Larynx: DL + Rigid Endoscopy + Coblator delivered by Dr Kwok-Kwong CHEUNG Specialist in Otorhinolaryngology Private Practice



Topic 3 : Experience in Endoscopic Nasopharyngectomy delivered by Dr Pui-Yee LO Resident Specialist, Department of ENT Queen Elizabeth Hospital

Visiting Professor Programme 2013 CME Lecture Series & Cadaveric Dissection Demonstration

The second Visiting Professor Programme was successfully held on November 1-2, 2013, Friday and Saturday.

The two-day programme including interactive forum, CME lectures and cadaveric dissection demonstration was delivered by Professor Peter-John Wormald, Professor and Chairman, Otolaryngology-Head and Neck Surgery, University of Adelaide.

On November 1, 2013, there were eleven presenters in the interactive forum. This forum generated many fruitful exchanges between the guest speaker and participants.

Professor Wormald delivered a cadaver dissection demonstration on November 2, 2013. This demonstration was organised with the support of the Department of Otorhinolaryngology, Head and Neck Surgery, The Chinese University of Hong Kong. Seventy-five fellows and members attended the two-day programme.



(from left to right): Dr Pui-Yee LO, Dr Chi-Chung LEE, Dr Julian YU, Dr Athena WONG, Dr Peter KWAN, Dr Hung-Wai CHO, Dr Nelson LAI, Dr Victor ABDULLAH, Professor Peter-John WORMALD, Dr Jacky LAM, Dr John LEE, Dr Sylvia YU and Dr Iris LEUNG



Dr Raymond Kwong-Hon MA presenting a souvenir to Professor Peter-John WORMALD



Back row (left to right): Dr Winnie KAN, Dr Samuel CHOW, Dr Tsun-Cheong CHU, Dr Birgitta WONG, Dr Joseph CHUNG
Front row (left to right): Dr Kai-Bun FUNG, Dr Raymond MA, Professor & Mrs Peter-John WORMALD and Dr John WOO

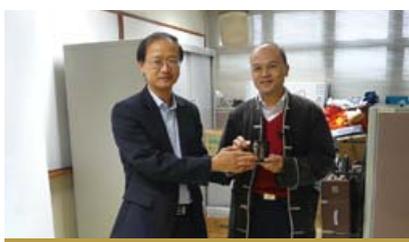


Group photo with Professor Peter-John WORMALD after the 2013 College Visiting Professor Programme

Training Course for ENT Trainees

Thanks to the effort of Dr Fu-Man Tong and all guest speakers, eight sessions of tutorials for ENT trainees were successfully held from March to October in 2013 with overwhelming positive response.

The average attendance rate of the eight sessions was 83.6%. Each session consisted of 2 to 3 lectures covering common ENT diseases, knowledge on related specialties and examination techniques delivered by senior ENT surgeons and specialists of related specialties.



Lecture 1: Management of Thyroid Nodules delivered by Dr Siu-Kwan NG



Lecture 6: Septum and Septorhinoplasty delivered by Dr Jennifer Siu-Wah CHOW



Lecture 10: ENT Radiology delivered by Dr Shiohchon LUK



Lecture 2: Middle Ear Anatomy and Temporal Bone Dissection
Lecture 3: Cochlear Implant delivered by Dr Henry Chuen-Kwong LAM



Lecture 7: Management of Deep Neck Space Abscesses delivered by Dr Samuel Man-Wai CHOW



Lecture 11: Radiotherapy of Head and Neck Cancers delivered by Dr Wai-Tong NG



Lecture 4: Application of Free Flaps in Head and Neck Reconstruction delivered by Professor William WEI



Lecture 8: Anatomy of Nasal & Paranasal Sinus delivered by Dr Dennis Lip-Yen LEE



Lecture 12: How to Perform PTA/Tympanogram delivered by Mr Eddie Chi-Ming WONG



Lecture 5: Otolaryngic Allergy delivered by Dr Kwong-Chi TANG



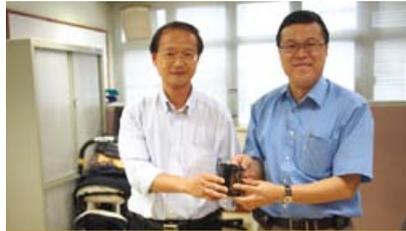
Lecture 9: Vocal Cord Paralysis delivered by Dr Shun-Kit CHOW



Lecture 13: Parotid Tumor delivered by Dr Kong-Wah YEUNG



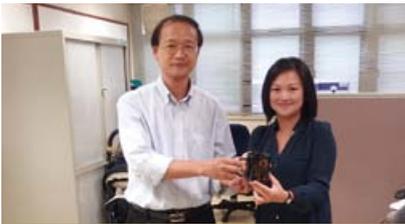
Lecture 14: Neck Dissection
delivered by
Dr Eddy Wai-Yeung WONG



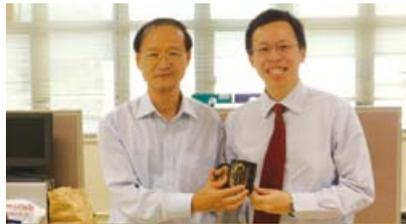
Lecture 18: Cancer of Nasal Cavity and
Paranasal Sinus
delivered by
Dr Raymond King-Yin TSANG



Lecture 23: Anatomy and functional aspects of
larynx
delivered by
Dr Chi-Leung LEE



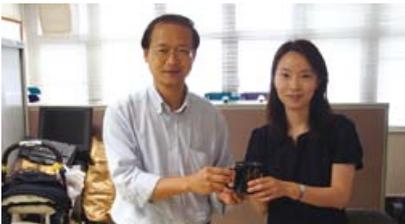
Lecture 15: Facial Plastic
delivered by
Dr Osan Yee-Man HO



Lecture 19: Management of Metastatic Neck
Lymph Nodes
delivered by
Dr Victor Shing-Howe TO



Lecture 24: Surgical Management of NPC
delivered by
Dr Ambrose Chung-Wai HO



Lecture 16: Paediatric Airway Problems
delivered by
Dr Birgitta Yee-Hang WONG



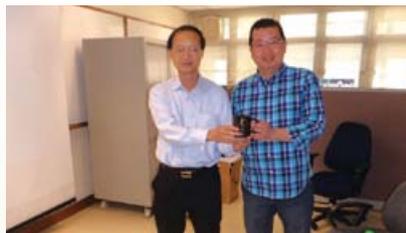
Lecture 20: Immunotherapy for Allergic
Rhinitis/Common and the Extended Application
of FESS
Lecture 21: An update on NPC/How to prepare
for the exit examination
delivered by
Dr John Kong-Sang WOO



Concluding Remark & Examination Guidance
delivered by Dr Fu-Man TONG (right)
Dr Yat-Bong YEUNG, trainee representative,
presenting a souvenir to Dr Fu-Man TONG



Lecture 17: Tonsils and Adenoids and SOM
Lecture 23: Tracheostomy
delivered by
Dr Tsun-Cheong CHU



Lecture 22: Facial Nerve
delivered by
Dr Chi-Man NGAI



On October 5, 2013, the Hong Kong Academy of Medicine held its Open Day. The theme was “Climbing the Healthcare Ladder”, and the aim was to provide comprehensive information to prospective students from secondary schools, career advisors, as well as current medical and dental students about the work of the Academy and its 15 Colleges.

The kick-off ceremony was officiated by Dr Wing-Man KO, Secretary for Food and Health. Invited guests and representatives of all 15 Academy Colleges also participated in this event. This was followed by a seminar aiming to provide insights of the career path of the sister colleges to attending students. Dr John Kong-Sang WOO, our President represented our College to share background information and training experience in our specialty.

The event was well-attended by hundreds of participants.



Dr Nelson LAI and Dr Chi-Chung LEE introducing our ENT training paths and video demonstration to secondary school students at the exhibition booth



Dr Wing-Man KO, Secretary for Food and Health visiting our exhibition booth



Dr John WOO presenting in the seminar

Music Night

A Music Night at the Hong Kong Academy of Medicine Building was co-organized by the Hong Kong College of Otorhinolaryngologists and the Hong Kong Society of Otorhinolaryngology, Head and Neck Surgery on May 28, 2013 and January 3, 2014 respectively.

Drs Albert Wai-Sing LUK and Raymond King-Yin TSANG shared their popular and classical music favourites with their own audio equipment.

January 3, 2014



Dr Albert LUK (right) and Dr Raymond King-Yin TSANG (left)

May 28, 2013



(from left to right) Mrs & Dr Heung-On WAI, Dr Albert LUK, Dr Man-Ho IP, Dr Wai-Man HUI and Dr Sau-Yu LIU



(from left to right) Mr Andrew LUK (Dr Albert LUK's son), Mrs Joan LUK, Dr Raymond TSANG, Dr Albert LUK, Dr John WOO, Dr Peter TANG, Dr & Mrs Sau-Ying TO and Dr Joseph CHUNG



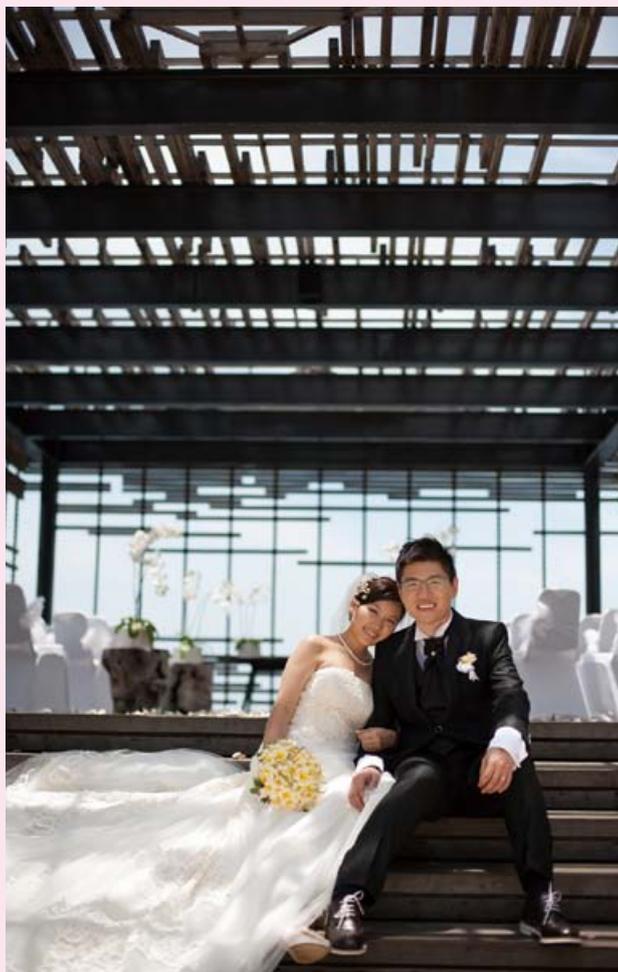
Dr Albert LUK connecting his audio equipment



(from left to right) Dr Joseph CHUNG, Dr Victor TO, Dr Albert LUK, Dr Ming-Fai LI, Dr Yat-Bong YEUNG, Dr Alvin CHU and Dr Peter KWAN

Sharing / Announcement

Capture the happy moments in your life and share with us! All are welcome to send photos to info@hkcorl.org.hk



The wedding of
Miss Ada Sze-Ting WONG
and
Dr Yiu-Wing NG
on
November 28, 2013
in Bali



The wedding of Dr Wai-Tsz CHANG
and
Dr Shi-Feng NYAW
on November 30, 2013



Sharing the happiness of
Mrs and Dr Yat-Bong YEUNG
for their new born baby boy

Katy and I would like to announce the arrival of our son Leonidas, born on November 1, 2013 14:29, weighing 6.5lbs.

Congratulations

Fellows' Corner

Study and Live in Taiwan and USA in 2013

Year 2013 is precious for me as I had an invaluable chance to go overseas and be exposed to two renowned surgical centers in Taiwan and USA. I have stayed in each institute for 3 months, so in total it was a half-a- year experience. During this time, I saw how they thought and worked there. It inspired me a lot and unveiled the weakness and limitation in our practice here. I also met various masters and world famous surgeons that I had never realized that they could teach me and I could do things together with them so closely.

Since I had never got an experience of living overseas for such a long period of time, at the very beginning I did somehow worry. In January 2013, I began my attachment in the Chang Gung Memorial Hospital (CGMH) in Linkou of Taiwan. It is a small town around 30km away from the Taipei City. CGMH, founded by the richest man in Taiwan, the latest Mr. Yong-qing Wang, is the symbol of this town. This Linkou branch is most famous for its Reconstructive Plastic Unit and it attracts and fosters numerous reconstructive surgeons all over the world. Many of them even become salt of the earth within the specialty.

Though there were a lot of different free flaps I could see here, mostly I saw were the common ALT and free fibula flaps - the essential workhorses for free flap reconstruction. In 5 out of the 50 plus operation rooms in the hospital, everyday they can do 3 to 4 free flaps simultaneously. So you can imagine how these ALT and free fibula flaps can be the bread and butter things for them. Indeed there are a number of expert reconstructive surgeons, but I have to mention in particular one who can be looked upon as one of most influential master in the world - Professor Fu-chan WEI. On the first date of the attachment, I had already met him. After that, we had a lot of time to talk, work and meet. He has godly talented hands and mind as a reconstructive plastic surgeon. He was so energetic and liked to talk with junior surgeons. We all treasured the time spent with him. Besides, he generously offered chances for us to get scrubbed in and assist him during surgical operations. Sometimes it even seemed to be a privilege only for the two surgeons from HK who can speak fluent Mandarin (me and a plastic surgery HST from QMH at that time), and not for the other foreign surgeons there. After a busy clinic on every Friday, we had lunch together in Taipei City. Finally, he invited all of us to have housewarming at his home before Lunar New Year. He is not only the father of the specialty but actually became almost our father in this place.

Dr Lewis Chin-wang LAU

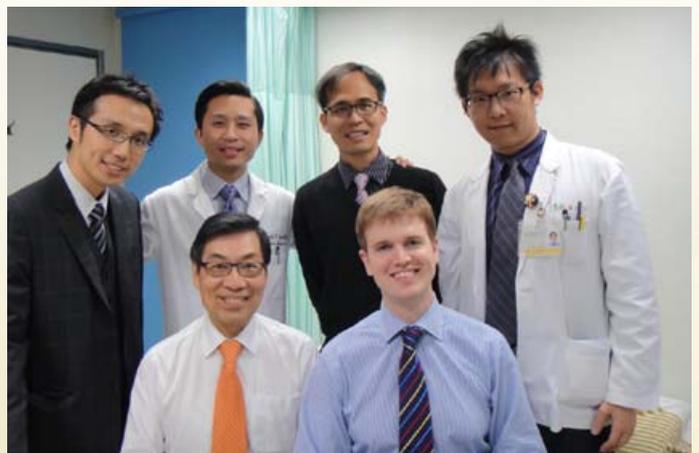
*Associate Consultant
Yan Chai Hospital*



Professor Fu-chan WEI performing operations



Dr Lewis Lau and Dr Hsu-tang CHENG (Taichung)



Back row (left to right): Dr Richie Chan (QMH, HK), Dr David Lee (USA), Dr Lau (YCH HK) Dr JM Wu (CGMH)
Front row (left to right): Professor Fu-chan WEI, Dr Ifan Hywei DAFYDD (Wales)



Photo with Professor Fu-chan WEI (left) in the pre Lunar New Year house warming party



Group Photo at Professor Wei's home after the Lunar New Year party

Leaving Taiwan and after a short break in Hong Kong, I began another adventure in USA. I arrived at Pittsburgh in mid-April and started my attachment in the Head and Neck Unit and Cranial Base Unit of the University of Pittsburgh Medical Centre (UPMC). The Department is chaired by Professor Jonas JOHNSON who was the ex-chief editor of the journal we refer often - Laryngoscope. The ENT specialty there is highly valued nationally in the States - particularly in Head and Neck Oncology, Skull Base Surgery, Laryngology and Pediatric ENT. I joined their clinic and surgical operative sessions and attended their academic meetings. In the Head and Neck attachment, besides conventional head and neck cancer surgery, they have done a lot of Transoral Robotic Surgery (TORS) which had been adopted in USA but still new in Hong Kong. Their Cranial Base Surgery Centre is led by Professor Carl SNYDERMAN, who is one of the pioneer experts in Expanded Endonasal Approach (EEA) to the skull base. I have seen their team, including neurosurgeons, performing many incredible skull base surgery with the endoscope. I also had time to talk and make friends with these brilliant surgeons including the legendary Professor Eugene MYERS who invited all visiting scholars to dine with him and his wife, Mrs Barbara Myers. What I learned here guides me to foresee the development trend of head and neck surgery in the coming decade.

At the end of this article, I need to make a great thanks to Dr Raymond MA and Dr C M NGAI who have encouraged

and allowed me to have such a great time in overseas clinical exposure. In addition, I do sincerely thank Professor William WEI who has helped me connecting with the UPMC for arrangement of my attachment. What I got in this half year indeed have changed my mind, scope and practice significantly.



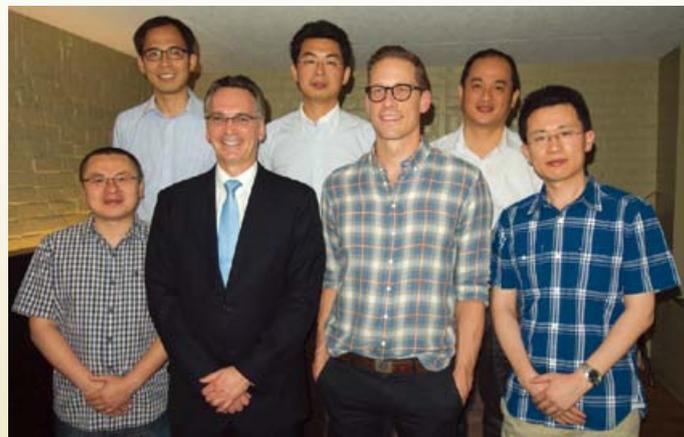
Photo with Professor Eugene MYERS (right) at the invited dinner



Photo with Professor CARRAU (Ohio)



Group photo after the dinner
Back row (left to right): Dr Hong-quan WEI (Shenyang), Dr Susana MEDICINA (Spain), Dr Dong-wook KIM (South Korea), Dr Frasal HANKAWI (Iraq), Dr Hui LIANG (Shandong), Dr Ghassan AIRAWY (Iraq) and Dr Lewis LAU (Hong Kong)
Front row (left to right): Jing WANG (Shanghai), Professor MYERS and Mrs Barbara MYERS



Back row (left to right): Dr Lewis Lau (Hong Kong), Dr Jing-ning Cheng (Beijing), Dr Ming Song (Beijing)
Front row (left to right): Dr Zhi-qun Wu (Henan), Professor Carl Syndermann, Professor Paul Gardner, Dr Hong-quan Wei (Shenyang).

Fellows' Corner

中醫藥和耳鼻喉科 (上篇)



唐富民

耳鼻喉科專科醫生
香港中醫藥管理委員會註冊中醫

一・前言

有病人患有鼻息肉，鼻塞不堪，去找陳醫生診治，陳醫生當時沒有內窺鏡，沒有鼻腔手術儀器，於是把兩根筷子穿著鐵線，放入鼻孔內套著鼻息肉的根部，用力一絞，就把息肉絞斷取出，雖然流了些血，但鼻塞也就好轉了。

陳醫生其實是中國明朝的陳實功，他在1617年寫下《外科正宗》一書，記載他前半生的治病經驗。西方醫學的類似儀器 Krause snare 要到約1700年才出現，亦沿用至今，約30年前才被擱置；相傳是由印度、日本等地傳入，但亦有可能是源自中國。

毛澤東先生說中醫藥是中國的第五大發明，但與指南車、火藥、做紙術和活字印刷術等四大發明一樣，由於種種理由而不能發揚光大，反被西方迎頭趕上。

中醫不是現代科學，在西方可能永遠只屬於另類治療，然而無論西醫的醫療科技如何先進，比方說複製人類胚胎、基因治療，器官移植等，但只要臨床上西醫治療病人的效果一日未能盡善盡美（且不说庸醫充斥、醫患疏離、嚴重醫療副作用及後遺症等），中醫就有立足的空間。

當中西醫結合可增強療效，或減少不良副作用，或增進成本效益，或病人拒絕或不宜接受西醫治療的時候，就需要中醫的參與。中醫藥的療效是實在的，但千萬不要把它神化。

二・中藥

中藥的特色是多標靶 (multi-target)，與非常專門獨特的西藥不同；每一中藥方劑可有十來種中藥，而每一種中藥本身亦有數種有效成份，可以互相補足或抑制，以增強療效和減輕副作用，可見方劑的變化萬千。這種方劑式的藥物近年亦被西藥採用，君不見坊間的普通科西醫亦愛以數種西藥混合製成自創的配方，成藥如 X 福傷風素亦含有數種不同成份。



中藥的另一特色是把食物及藥物分為寒、涼、溫、熱等不同性質，稱之為「四性」。但熱氣騰騰的食物並不一定是熱性的，把食物放涼或急凍後也並不表示食物是寒涼的。食物的四性主要是以人體吃了該食物後所產生的反應作為依歸。

這些特性，其實可能與前列腺素 prostaglandin PGE2 有關。PGE2 是一般炎症的媒介物質，人體組織發炎時會分泌大量 PGE2，引起血管擴張，加強血管滲透、發熱及白血球轉移等改變。藥理實驗研究發現，荔枝提取物可增加巨噬細胞的 PGE2 分泌，誘發炎症徵狀，故荔枝屬熱性食物；反之，菊花會減少巨噬細胞的 PGE2 分泌，故謂之寒涼。

「寒者熱之、熱者寒之」是中醫的治療法則，指熱症要用寒涼的方藥治療，寒症則要用溫熱的方藥對付，才可藥到病除。

專門治療鼻敏感的中藥「辛夷花」就屬溫性藥物；鼻敏感的中醫名稱為鼻鼾（音球），嚴格來說是慢性鼻炎，因為中醫沒有敏感測試，只是靠病徵和舌象脈象作出診斷。



醫書說「辛夷花」辛散溫通，能發散風寒，宣通鼻竅。據現代藥理研究，「辛夷花」所含的揮發油，檸檬醛、丁香油酚、桉葉素生物鹼等有收縮鼻粘膜血管作用，可代替麻黃鹼，有通鼻竅消炎之功效。



「麻黃」的提取物就是麻黃鹼 ephedrine 和偽麻黃鹼 pseudoephedrine，早在千多年前已被中醫普遍使用，「麻黃」辛溫發汗，其解表寒，宣肺平喘和利水消腫的療效，從麻黃鹼和偽麻黃鹼的西醫藥理作用可以知矣。

中藥的另一特色是食療，寓療於食，醫食同源；把藥物和食物一起煎煮，醫肚的同時又可治病，食物和藥物根本就分不開；《中藥大辭典》所載 6000 種中藥中，就包含了不少食物，信手拈來，就有豬肉、羊肉、雞肉、牛肉、牛肚、牛筋、鯉魚、蝦、蟹、海參、海蜇、蕃茄、番薯、冬瓜、南瓜、蓮子、蜂蜜等，服食如此中藥，也不枉大病一場。（待續）

Members' Corner

How to prepare for the exit examination



Dr Raoul Chi-Wai LEE
Resident / NTW Cluster

Precision, presentation and practice concluded my preparation for the exit examination in 2013.

The Viva Examination

The most important prerequisite for passing the exit examination is to acquire an adequate level of knowledge in ENT. However, the exit examination does not only assess the knowledge of the candidate but also his presentation. In addition, time is limited in the examination. Answering the question precisely is crucial to score marks. In addition, the scope of ENT is huge but our time and memory are limited. Therefore, I followed Dr Abdullah's suggestion to prepare 2-minutes stories for commonly asked examination questions. The first sentence is the most important and one can actually draw an early "final" conclusion of the topic at the start. For example, to answer the question, "Please describe the steps of total laryngectomy?" The usual way is to present the operative procedure step by step, that is "I would first get the consent from the patient. The procedure would be done under general anesthesia etc." Instead, we can start by introducing this surgery with a single sentence, that is "Total laryngectomy is a radical surgical procedure to remove the larynx of the patient. This has 5 key surgical steps: soft tissue exposure, skeletonization of the larynx, resection of the specimen, insertion of the voice prosthesis with myotomy and reconstruction of the neopharynx." This would get the interest from the examiners and allow me to go on.

In addition to oral presentation skill, non-oral presentation such as good sitting posture and keeping eye contact with examiners are crucial. Staying calm and remaining confident in the examination is not easy. Sweating and heart-beating are all normal physiological response to stress. To train my confidence, I have printed a large photo of the face of an idol to act as my "pseudo-listener". I always looked at the eyes of the idol while

reciting my 2-minute stories. Of course, it would be more ideal to study and practice with other candidates. In July to September 2013, two months before the exit examination, I rotated to Pamela Youde Nethersole Eastern Hospital as part of the training requirement. There, I met the other examination candidate, Dr Yat-Bong YEUNG. We had plenty of chance to practice our clinical skills and revise the viva questions together, not only in our office but also in the restaurants. In addition, Dr Shun-Kit CHOW, Dr Fu-Man TONG and Dr Thomas FUNG of PYNEH did teach me how to prepare for the examination during my rotation.

Temporal bone dissection

The other hurdle of the examination is the requirement of simultaneous multi-task performance. Candidates are expected to perform temporal bone dissection or pure tone audiogram testing and answer examiner's questions simultaneously. These test the candidates' familiarity with the procedures and related knowledge. My department started regular temporal dissection tutorial for trainees few years ago. I did remember the time when we drove to the temporal bone laboratory in the University of Hong Kong with my trainers, Dr Kong-Wah YEUNG and Dr Alex LEE, to practice temporal bone dissection skills. In addition, to sharpen my temporal bone dissection skills, I fled to Ann Arbor in May 2013 to participate in the temporal bone dissection course organized by the University of Michigan.

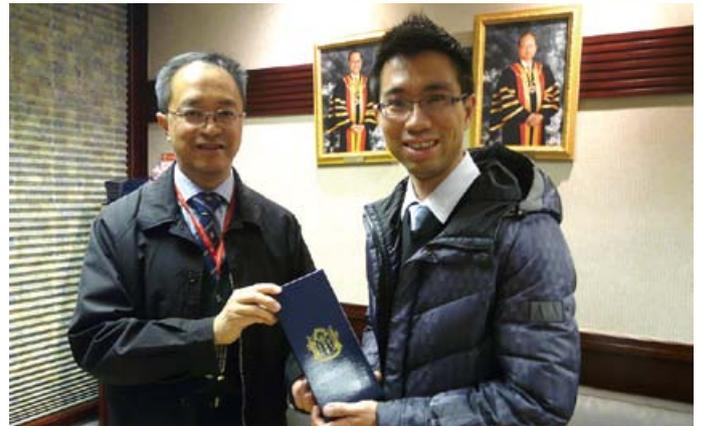
Pure tone audiogram

I believe that I would be in great trouble if I did not get the help from our audiologists. Mr Ricky TAM from the Tuen Mun Hospital and Mr Patrick CHAN from PYNEH sincerely demonstrated and taught me the skills in performing pure tone audiogram. They were very helpful and willing to share their experience in audiology with me.

Trainee tutorials and Mock examination

Of course, our college has been playing an irreplaceable role in our training. In my opinion, the most hand-clapping activity last year was the new series of trainee tutorials. These tutorials were well organized, clinically related and effectively helped trainees to revise common examination topics. The other key event in my examination preparation was the mock examination. It worked out not only by enlightening me to revise the unfamiliar topics, but also by preparing my psychological state for examination. In my opinion, this event should be continued as a tradition of our college.

Last but not least, I would like to take this opportunity to thank all my colleagues in TMH and PYNEH. Their guidance and support was so precious in my career. I would also like to thank my examination peers, Dr Yat-Bong YEUNG from PYNEH and Dr Jonathan LAU from Queen Mary Hospital for their generous sharing of their knowledge, experience and of most importance, their mutual support with me in our road to the conjoint FRCSEd-HKCORL exit examination.



Dr John WOO, our President presenting the College tie to Dr Raoul LEE at the welcome reception on January 21, 2014



(from left to right) Dr Yat-Bong YEUNG, Dr Raoul LEE and Dr Jonathan LAU at the welcome reception on January 21, 2014

Members' Corner - Upcoming Events

- **The second Training course for ENT trainees** will be held from March to October this year. The course will comprise a series of lectures on common ENT conditions and examination techniques, given by senior staff of various training centres and related specialties. All ENT trainees are recommended to attend the course. The course will be held on the first Saturday of each month (except March and April 2014). Each session will last from 10:00am to 1:00pm. A detailed program will be available in our website.
- **The RCSEd/HKCORL Joint Intercollegiate Higher Specialist Examination** will be held on **Tuesday to Thursday, November 18-20, 2014**. Candidates who hold a Membership of the Hong Kong College of Otorhinolaryngologists and who have undertaken three and a half years or more of accredited higher training in Otorhinolaryngology can sit this Exit Examination. Application forms will be available in the College website at the end of June 2014.
- **The College Annual Scientific Meeting** will be held on Saturday, November 22, 2014 at the Hong Kong Academy of Medicine Jockey Club Building. All College members are cordially invited to participate in this annual competition for the College Medal for the Best Presentation and the George Choa Prize for Outstanding Presentation. The winner of the College Medal for the Best Presentation will also be awarded the HK\$10,000.00 scholarship from the Thomas Cheung Education Fund of the Hong Kong Society of Otorhinolaryngology, Head & Neck Surgery. The deadline for abstract submission will be on September 22, 2014, Monday.
- Members are also reminded that they must have presented the result of their specific trainee project registered with the College Education Committee in an College Annual Scientific Meeting before they can sit for the exit examination.

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