



香港耳鼻喉科醫學院  
THE HONG KONG COLLEGE OF OTORHINOLARYNGOLOGISTS

# *Annual Visiting Professorship Programme 2024*

## *The Innovative Field of Laryngology*

May 31 to June 2, 2024



### **VISITING PROFESSOR**

**Professor Alexander HILLEL**

Department of Otolaryngology - Head & Neck Surgery  
Johns Hopkins University School of Medicine

### **REGISTRATION**



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**Dr. Alexander Hillel** is a Laryngologist and Airway Surgeon in the Johns Hopkins Department of Otolaryngology – Head & Neck Surgery. His clinical practice and research centers on the treatment, prevention, and causes of laryngotracheal stenosis (LTS). His laboratory developed model systems to study immunologic and metabolic mechanisms that promote LTS. Specifically, he and the laboratory are examining mTOR (mechanistic target of rapamycin) and its role in fibroblasts, immune cells, and epithelial cells to regulate inflammation leading to fibrosis. Dr. Hillel has translated these scientific advances to the bedside by completing the first interventional clinical trial assessing the safety of mTOR inhibitors as adjuvant therapy in iSGS patients – “Everolimus Clinical Trial in Idiopathic Subglottic Stenosis.” Further, Dr. Hillel’s laboratory is developing biomaterial applications, including a drug-eluting stent, to treat airway fibrosis and developing an AI voice biomarker screening tool to help patients identify severe airway disease to reduce the need for emergent surgery.

At Hopkins, Dr. Hillel is the Residency Program Director and Vice Director of Education in the Department of Otolaryngology – Head & Neck Surgery. Dr. Hillel is a council member of the American Broncho-Esophagological Association and serves on the leadership team of the North American Airway Collaborative (NoAAC) which is an international organization dedicated to improving our understanding of adult airway disease and developing effective, cost-conscious treatments.



# PROGRAMME OVERVIEW

## DAY 1 - 31<sup>st</sup> May 2024 (Friday Evening)

Pao Yue Kong Auditorium, Ground Floor, HKAM Jockey Club Building  
99 Wong Chuk Hang Road, Aberdeen, Hong Kong

### KEYNOTE LECTURE AND WELCOME DINNER

*Keynote lecture to all fellows, members and trainees, and welcome dinner will be held immediately afterwards at the Banquet Room 1 & 2, 3rd Floor, HKAM Jockey Club Building*

TIME	PROGRAM
18:30 – 19:00	Registration
19:00 – 19:45	Keynote Lecture Laryngology: Past, Present, and Future
19:45 – 20:15	Question and Answer Session
20:30 – 22:00	Welcome Dinner

## DAY 2 - 1<sup>st</sup> June 2024 (Saturday Afternoon)

The Auditorium, 1/F, Main Clinical Block & Trauma Centre, Prince of Wales Hospital  
No. 30-32 Ngan Shing Street, Sha Tin, New Territories

### THE CONTINUING MEDICAL EDUCATION LECTURE SERIES

TIME	PROGRAM
14:00 – 14:15	Registration
14:15 – 15:15	Contemporary Management of Laryngotracheal Stenosis (60-minute lecture)
15:15 – 15:30	Question & Answer Session
15:30 – 16:00	Coffee/Tea Break
16:00 – 16:30	Novel Therapies for Subglottic Stenosis
16:30 – 17:00	Posterior Glottic Stenosis: Evaluation and Management
17:00 – 17:15	Question & Answer Session

## DAY 3 - 2<sup>nd</sup> June 2024 (Sunday Morning)

The Chinese University of Hong Kong Jockey Club Minimally Invasive Surgical Skills Centre  
3/F, Li Ka Shing Specialist Clinic (North Wing), Prince of Wales Hospital,  
No. 30-32 Ngan Shing Street, Sha Tin, New Territories

### THE CONTINUING MEDICAL EDUCATION LECTURE SERIES AND PROCEDURES DEMONSTRATION ON SPECIMEN

TIME	PROGRAM
08:30– 09:00	Registration
09:00 – 09:30	Vocal Cord Paralysis
09:30 – 10:00	Office Based Procedures in Laryngology
10:00 – 10:45	Question & Answer Session + Coffee/Tea Break
10:45 – 12:15	Procedures Demonstration on Porcine Larynx
12:15 – 13:00	Question and Answer Session
13:00	Course Adjournment

## REGISTRATION



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**CME/CPD (for specialist) or Training points (for trainees) accredited by  
the Hong Kong College of Otorhinolaryngologists**

Day 1 (31 <sup>st</sup> May 2024, Friday Evening)	1.5 points (CAT 2)
Day 2 (1 <sup>st</sup> June 2024, Saturday Afternoon)	3 points (CAT 2)
Day 3 (2 <sup>nd</sup> June 2024, Sunday Morning)	4 points (CAT 14)



**香港耳鼻喉科醫學院**  
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